

McBride Alumni

Game Night '91

PRIZES!!!
GAMES!!!
MORE PRIZES!!!

(With lots of... PRIZES!)

SATURDAY, FEB. 16, 1991 BROWN DEER PARK PAVILION
7600 North Range Line Road

Ice-Breaking 6:00 P.M.
Buffet Dinner 6:30 P.M.
Fun & Games 7:30 P.M.
Prizes! Prizes! 10:30 P.M.
Fireside Chats Continuous

\$12.50
Per Person
(Spouses, Guests Welcome)

Silent Auction

Door Prizes

Games and Cards Provided
(But feel free to bring your own)

Buffet Dinner

Raffle Drawing

Sumptuous buffet dinner, soda, coffee, snacks and DOOR PRIZES all included for the low, low donation of \$12.50 per person. TV set raffle tickets (available in advance; you needn't be present to win) are \$1.00, six for \$5.00. Group games (such as Pictionary and Outburst) are slated but others are welcome. Come as a group or plan on mingling. Dress is casual; IT'S AN ALUMNI PARTY!!! Spread the word; talk it up. BE THERE!!!

DEADLINE FOR RESERVATIONS: FEBRUARY 12

All McBride Alums and their guests are invited to this great opportunity to blast the wintertime blahs. Merchandise premiums will be on display and will go to the highest bid registered during the "silent auction" throughout the evening. Continuous door prizes; raffle TV set will be awarded at the close.

Proceeds benefit the Foundation and The Alumni Endowment Fund

Make Checks Payable To: THE McBRIDE FOUNDATION

Name Phone

Address

City St. ZIP

No. in Party _____ @ \$12.50 = \$ _____ (Pick up ID badges at the door.)

Directions to Brown Deer Park are found on Page 3.

MAIL TO:

Tom Dutton
3365 Town Trail
Brookfield, WI 53005
(414) 781-5156

The Moving Finger

THE McBRIDE ALUMNI ASSOCIATION & FOUNDATION

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Winter, 1991

Tickled Ribs Big Hit With Roasted Roland

For Dr. Roland Herrington, it was a night to remember.

Marinated in love and appreciation, basted with fond (and some not-so-fond) memories, spiced with good-natured ribbing and peppered with anecdote after rollicking anecdote, he was done to a golden glow by the time the evening drew to a close.

"I've had a wonderful time," he sighed. "God bless you all."

Nearly 200 friends, most of them McBride Alumni, were on hand for the "Herrington Roast" at the Sheraton Mayfair Hotel January 4, and the menu was loaded with emotion, fun, tribute and appreciation. It was a touching farewell as "Roland H.," also known as the "Iron Marshmallow," stepped into at least semi-retirement after a career that has changed the lives of many of those attending.

Dr. Herrington first announced his retirement last summer, but his departure has been a lingering thing. Now, with a residence in Palm Springs, California, and a vow to do many of the

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Games, Prizes Await Alums At Fun Night

Whether it's bidding at a silent auction, walking off with a door prize or simply getting together for a fun night of games and socializing, this night's for you.

It's the McBride Alumni Game Night '91, set for Saturday, February 16, at the Brown Deer Park Pavilion. Reservation deadline is Feb. 12.

Recalling the success of last year's event, the Game Night Committee has left unchanged the format of this annual escape from Winter doldrums, and spouses and friends are welcome.

The fun of group board games, which many rediscovered while in treatment, coupled with a spirited crowd of fellow recovering Alums and a bountiful buffet supper, provides a lively backdrop to bidding on the valuable merchandise arrayed in the "silent auction" area.

(For those unfamiliar with this popular fund-raising activity, merchandise items are on display along with forms on which prices may be entered by willing bidders. At the close of the evening, the highest bidder purchases the item. Full details will be available at Game Night.)

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'Herrington Houses' To Honor Founder

"Rec I, II & III" will soon be known as Herrington I, II and III.

The renaming of McBride's three recovery houses has been approved by the Board of Directors of Milwaukee Psychiatric Hospital, according to Hospital President Jerry Schley.

"It's a fitting honor," he said. "After all, the recovery house program was Dr. Herrington's idea, and it has proven to be a tremendous success in helping patients on the way to recovery."

Details and an official date for the renaming are still being worked out.

Endowment Passes \$12,000

Thanks in large part to donations spurred by the "Herrington Roast," the McBride Alumni Endowment Fund has surged past the \$12,000 mark.

As part of the tribute to Dr. Herrington, Board Treasurer Ken Zimmerman announced at the dinner that the \$10,000 milestone had been reached, and subsequent contributions pushed the total still higher. He said that implementation of the Alumni's assistance program is now assured.

Established just over a year ago, the Endowment Fund is designed to provide financial help for McBride patients who might otherwise be unable to comply with staff recommendations for Recovery House residency as part of their treatment.

Qualification and eligibility criteria, as well as application and repayment procedures, are now being reviewed by the Board, and low- or no-interest loans and/or grants will soon be available. They have been delayed while the fund was allowed to reach a sustainable level.

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Roland Served Menu of Memories

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things he has never had time for, he conceded that the move is, perhaps, "official at last." (But there was a promise to "keep in touch with what is going on at McBride.")

One of the most moving testimonial ribbings came from Dr. Alan W., who now lives in Rhode Island and who was the first physician to benefit from Roland's guidance when he shifted his specialty to addictive medicine.

"Moving" in another sense was the hilarious skit, part of it set to music, performed by McBride Alum Susan A., who vividly recalled her first impressions of Dr. Herrington and his treatment program.

But they were just two of 20 "roasters" who helped the co-founder of McBride relive his gratifying life before and after struggling into recovery.

Roland's sponsor was on hand to tell about the diverse challenges he has faced in providing counsel and support; Dr. Benzer passed along dubious greetings from a "mutual friend" ("He really wrote this.. Really, he did."), and Roger Glazer joined Gail Robison in recounting the joys of working in the ADMC environment under Dr. Herrington's less-than-comforting direction.

Milwaukee Psych President Jerry Schley presented Roland with the now-replaced

"Reserved for Dr. Herrington" parking lot sign, with hopes that it would command the same privileges and respect somewhere in Palm Springs.

Symbolic of the similar ones dropped off at McBride on a weekly basis by many former patients over the years, there was a small, personalized glass container filled with an unknown liquid.

Roland even got a sweatshirt identifying him, in large letters, as a "Body-Building Champ." For more formal occasions, he received a hand-painted tie, complete with curvaceous bathing beauty.

And, of course, he got hugs and hugs.

There were moments of tears -- both mirthful and heart-wrenching -- and there was reminiscing. Reaching deep into the past, it revealed a side of Dr. Herrington many were unaware of. It was good-natured, warm and fun. It was a good time for all, and for all, it was memorable.

Endowment Milestone Reached

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"We've been anxious to put the money to this great use," said Board President Chis Giese. "We knew it would take time to get started, but it looks like, at last, we will begin seeing some gratifying results, and some grateful

Bunch Moves North To Holiday Inn For Sunday Brunch

Forced from its former "quarters" by a restructuring of the restaurant, the monthly "Brunch With The McBride Bunch" has moved to a new location.

The informal get-togethers the first Sunday of each month are now being held at the Holiday Inn Mayfair, just south of Blue Mound Road on Mayfair (Highway 100).

Those attending now have a choice of either the extensive buffet (\$5.95) or ordering from the conventional breakfast menu.

Reservations are not required; simply show up at about 10:30 a.m..

McBride Alums have been gathering for these strictly casual breakfasts for several years, first at the 76 Club, and more recently at the Tyrolean House Restaurant, which has been sold and is undergoing extensive renovation.

patients, in the near future."

Contributions, like all of those to the McBride Alumni Foundation, are fully tax-deductible. They should be sent to the McBride Foundation, 17935 Country Lane, Brookfield, WI 53045.

To keep the organization viable and visible, The Alumni Association assesses no dues but encourages former McBride patients to show their support by contributing at least \$10.00 annually toward the group's operating budget.

Surplus funds are transferred to the Endowment Fund at the end of the fiscal year, August 31. Last summer, \$1,000 was added to the fund from this source.

Mark Your Calendars

- Sunday Brunch February 3
- Board Meeting February 12
- Game Night '91 February 16
- Sunday Brunch March 3
- Board Meeting March 12
- Summer Retreat May 31
- Annual Meeting/Picnic September 8
- Winter '92 Retreat January 3

Games Spark New Friendships

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Popular games along the lines of Pictionary, Scrubbles, Outburst and Trivial Pursuit will be available, but everyone is invited to bring their own favorites. The setting is casual, so groups can be formed in advance, or you can move from game to game.

Throughout the evening, a table full of free door prizes will be awarded to holders of lucky numbers drawn from ticket stubs of those attending.

And finally, whether you attend or not, you have a chance at a color television set that is being raffled off, with the winner (need not be present to win) announced at the party.

Chances on the TV set are one dollar each or six for five dollars, with proceeds going to the Alumni Endowment Fund. They may be purchased at the Alumni table outside the Tuesday night AA meetings at McBride or from any director on the Alumni Board.

Game Nights have been held every year since 1986, with a special focus on those relatively new to recovery. Beyond the inherent good time, they are intended to dispell the commonly held fear that social gatherings without alcohol or drugs are uncomfortable or intimidating.

In addition, they provide a natural, convivial setting for

newcomers to meet and get to know fellow Alums with longer-term sobriety. For everyone, it's a time to renew those warm friendships made during treatment.

Tickets for this fun-filled evening are \$12.50 per person, which includes the dinner, door prize opportunities and plenty of coffee and soda. The registration form is on the back page of this newsletter.

Brown Deer Park Easy To Locate

Finding and driving to Brown Deer Park, the site of Game Nite '91, ought to be a snap. Bordering Good Hope Road (7200 North), the park's entrance is at 7600 North Range Line Road (the equivalent of N. 25th St.). It is about 1.5 miles west of the Good Hope exit off the I-43 Freeway. From Good Hope, drive north four blocks on Range Line, turn left at the park entrance, then follow the park road (.3 mile) as it bends to the left to the pavilion parking lot.

A Point Worth Pondering

Alumni fellowship -- the availability of our many social and sharing events, and the ongoing relationships with others nurtured through frequent contacts -- is often taken for granted by those residing in the Milwaukee area.

For those Alums who traveled to get here, and who returned to distant homes following treatment, however, proximity is something missed and even envied.

"I know there's nothing here comparable to it (McBride camaraderie)," wrote Bob A., of Ann Arbor, Michigan. "In fact, I know of no such group anywhere in the country."

"I must confess to occasional feelings of wistfulness that I am so far away and unable to share in such a supportive program in a direct way," he wrote. "But I do have a sense of sharing, nevertheless, because your communications (The Moving Finger) convey the message, as well as the feelings of grateful sobriety."

Participation in Dr. Herrington's retirement roast was especially missed. "His expertise and personhood saved my life and will continue to enrich it to the end of my days," Bob declared. "For that, of course, I shall always be thankful."

As a McBride patient six years ago, Bob made many friends in the Milwaukee area, and his letter carried a greeting to all of them.

The Moving Finger is published quarterly by and for the McBride Alumni Association. Please send address and telephone corrections to:

The McBride Foundation
 17935 Country Lane
 Brookfield, WI 53045

Ken Zimmerman
 Editor