

Supplement restrictions

Due to the risks associated with some herbal, homeopathic and other similar remedies, Rogers limits the use of these types of products. Rogers has approved the following supplements and herbal products for use in the inpatient setting and residential programs:

Generic name:	Trade Name:	Usage note:
Acetylcysteine	NAC	
Acidophilus		Residential only
Ascorbic Acid	Vitamin C	
Calcium Carb/Vitamin D	Os-Cal + D	
Calcium Carb/Vitamin D/Vitamin K	Viactiv	
Cholecalciferol	Vitamin D-3	
Cyanocobalamin Injection	Vitamin B-12	
Cyanocobalamin	Vitamin B-12	
Digestive Enzymes	Mega-Zyme	
Ergocalciferol	Vitamin D-2	
Ferrous Sulfate	Feosol	
Ferrous Gluconate		Residential only
Folic Acid	Vitamin B-9	
L-Methylfolate	Deplin	
Lactobacillus	Culturelle	
Magnesium Oxide	Mag-Ox	
Melatonin		
Methylcobalamin	Methyl-Vitamin B-12	Residential only
Multivitamin w/Minerals	Thera-M, Centrum	
Multivitamin w/Minerals Chewable	Flintstones	
Omega 3 Fatty Acids	Fish Oil	
Prenatal Multivitamin		
Sodium Chloride		
Thiamine Injection	Vitamin B-1	
Thiamine	Vitamin B-1	
Vitamin B Complex w/ Vitamin C		
Vitamin E	Vitamin E	
Zinc Gluconate		
Zinc Sulfate		Residential only