



# Adolescent Center for OCD and Anxiety

at Rogers Memorial Hospital

## Admission Checklist

### Welcome

To help make your admission go smoothly and your stay as comfortable as possible, we ask that you read through this checklist. By following this list, you will arrive at our treatment center with all the necessary documents and personal items. If you have any questions after reading the list, please contact our admissions department at 800-767-4411, ext. 5959 and ask to speak with the Adolescent Center's intake specialist.

### What to bring with you

- Latest medical information as directed.
- Current psychiatric evaluation or psychological testing, if available.
- Discharge summary from your last hospitalization, as applicable.
- Names, addresses and telephone numbers of current outpatient providers, such as your primary care physician, psychiatrist, and therapist.
- Name, address and telephone number of your current school, along with the names of your teachers; your current textbooks plus anything else related to meeting your current education needs.
- Immunization records
- Current medical history and physical (Examination must be within the last six months of your admission date to be considered current.)
- Current dental records (Check-up must be within the last six months of your admission date to be considered current.)
- Insurance card, prescription card and current prescribed medications *in their original container*. (Please do not transfer medications into a daily pill dispenser.)
- Signed interstate compact agreement from local state agency (if you are coming from outside the State of Wisconsin).

### Recommended Items:

- Comfortable clothing and outerwear appropriate for the season (layering is recommended). *Provocative clothing and/or jewelry which refer to alcohol/ drugs, or promote violent themes/behaviors are not allowed.*
- One-piece swimsuit, towel and water shoes for swimming (indoor and outdoor) and boating.
- Tennis shoes, boots and proper footwear for outdoor and indoor activities.
- Robe, slippers and sleepwear. (We provide linens – towels, washcloths, sheets, comforter and pillow – however, you may bring your own if it makes you more comfortable.)
- Personal hygiene items (toothpaste, toothbrush, shampoo, comb, deodorant, cosmetics, etc.). *Note that razors and other similar items will need to be reviewed and approved by your attending physician.*
- Alarm clock
- Spending money (est. \$40 per month for group outings). *Residents have a secure location to store cash; parents may leave checks payable to "RMH" in \$20 increments to be cashed as needed.*

### Optional Items: *Space is limited for each resident*

- Stationery, stamps and envelopes.
- Hair dryer, curling iron.
- Pictures of family and friends for your room.
- Mobile phones *without camera, video or voice recording* are permitted (no Smartphones); phones are stored in the staff office for sign-out.
- Reading materials \*
- Portable CD player, MP3 player and some video games are permitted \*
- Some musical instruments (*please review with our admissions representative*)

\* *Subject to approval of your parents and the treatment team*

**Items Not Allowed:** *Staff will have a family member take these items back home if they are found.*

- ✗ Smartphones or any electronic devices with built-in cameras, internet access or recording capabilities
- ✗ Candles or incense
- ✗ TVs/portable DVD players; laptop computers/notebooks
- ✗ Perfumes, colognes or items with a noticeable aroma
- ✗ Any items restricted by law.

**Please review other side for important information.**

## **Smoke-free campus**

Please be aware that Rogers Memorial Hospital is a smoke-free campus. Family members and visitors are unable to smoke anywhere on campus.

## **Length of stay**

The length of stay at the Adolescent Center for OCD and Anxiety is open-ended; the minimum is 30 days, while the average length of stay is 60 to 75 days. Keep in mind 60-75 days is only an approximate average, as there are many variables taken into consideration by your attending physician and the treatment team, such as your past history, your current status and motivation for treatment, risk factors, response to treatment, etc.

## **Pharmacy and medication information**

Your family is responsible for checking with your insurance provider regarding prescription drug coverage during your stay. Bring your medications in their original containers.

After admission, the center's staff will review your medications and order medications through an outside pharmacy contracted to provide services for Rogers and numerous health care organizations in the area. Unit dose packaging is a state regulation requirement to ensure the safe handling and storage of medications in our residential centers.

## **Nursing information**

We do have nurses working at the center; however, nursing services are reduced on some shifts due to our state designation as a residential treatment program (as opposed to hospitalization program standards). Please address any major medical issues prior to your admission.

## **Billing information**

In addition to the residential treatment charges from Rogers Memorial Hospital, you will receive separate invoices for psychiatry services provided by the psychiatrists. You will receive a statement of these charges, regularly, while you are in treatment. If you have any concerns about this, please contact patient financial services at 262-303-2180 or CS-PFS@rogershospital.org

Please note that medical services are separate from the behavioral health treatment services provided by Rogers Memorial Hospital. You will also be responsible for any medical services provided during your stay. You will receive separate invoices from these independent practitioners. These invoices are your responsibility, and you should make payment arrangements directly with them.

**Rogers Memorial Hospital is a private, non-profit hospital within the Rogers Behavioral Health System.**

As we continually strive to improve our program components and treatment services, this information is subject to change and revision without prior notice. We have attempted to provide the most accurate and up-to-date information. (Rev 09/16)