

Caitlin M. Pinciotti, Ph.D.
Associate Research Psychologist
Rogers Behavioral Health System
Rogers Research Center
Oconomowoc, WI 53066
Pronouns: she/her/hers

EDUCATION

- 2019-2020 Post-Doctoral Psychology Fellowship
Rogers Behavioral Health System
OCD and Anxiety Disorders Track
Mentor: Bradley Riemann, Ph.D.
- 2018-2019 APA Accredited Pre-Doctoral Residency in Clinical Psychology
Rogers Behavioral Health
OCD and Anxiety Disorders Track
Mentor: Bradley Riemann, Ph.D.
- 2014-2019 APA Accredited Clinical Psychology Doctoral Program
Northern Illinois University
Trauma Psychology Track
Doctoral Dissertation: Cognitive bias modification for negative sexual
assault disclosure experiences: Examining a mechanism for improving post
disclosure well-being.
Mentor: Holly Orcutt, Ph.D.
- 2011-2013 Clinical Psychology Master of Arts Program
Cleveland State University
Master's Thesis: Comparing self-efficacy, posttraumatic stress disorder, and
coping in women with and without a sexual assault history enrolled in self-
defense classes
Mentor: Lisa Stines Doane, Ph.D.
- 2007-2011 Psychology Bachelor of Science
Xavier University
Minors: Gender and Diversity Studies; Peace Studies

PUBLICATIONS

26. **Pinciotti, C. M.**, Bulkes, N. Z., Horvath, G., & Riemann, B. C. (provisional acceptance). Efficacy of intensive CBT telehealth for obsessive-compulsive disorder during the COVID-19 pandemic. Provisional acceptance with *Journal of Obsessive-Compulsive and Related Disorders*.
25. **Pinciotti, C. M.**, Horvath, G., Wetterneck, C. T., & Riemann, B. C. (in press). Does a unique co-occurring OCD and PTSD factor structure exist?: Examination of overlapping OCD and PTSD symptom clusters. *Journal of Anxiety Disorders*.

24. **Pinciotti, C. M.**, Smith, Z., Singh, S., Wetterneck, C. T., & Williams, M. T. (in press). Call to action: Recommendations for justice-based treatment of obsessive-compulsive disorder with sexual orientation and gender themes. *Behavior Therapy*.
23. **Pinciotti, C. M.**, Wetterneck, C. T., & Riemann, B. C. (in press). Symptom severity and presentation in comorbid OCD and PTSD: A clinical replication. *Bulletin of the Menninger Clinic*.
22. **Pinciotti, C. M.**, Fontenelle, L. F., Van Kirk, N., & Riemann, B. C. (in press). Co-occurring obsessive-compulsive and posttraumatic stress disorder: A review of conceptualization, assessment, and cognitive-behavioral treatment. *Journal of Cognitive Psychotherapy*.
21. **Pinciotti, C. M.**, Nuñez, M., Riemann, B. C., & Bailey, B. (in press). Clinical presentation and treatment trajectory for gender minority patients with obsessive-compulsive disorder. *Journal of Cognitive Psychotherapy*.
20. **Pinciotti, C. M.**, & Orcutt, H. K. (in press). Reappraisal bias and sexual assault victimization: Testing the utility of a computerized intervention for negative post-assault support experiences. *Journal of Cognitive Psychotherapy*.
19. **Pinciotti, C. M.**, & Seligowski, A.V. (2021). The influence of sexual assault resistance on reporting tendencies and law enforcement response: Findings from the National Crime Victimization Survey. *Journal of Interpersonal Violence*, 36(19-20):NP11176-NP11197. doi: 10.1177/0886260519877
18. **Pinciotti, C. M.**, Kay, B., Piacsek, K., & Riemann, B. C. (2021). Obsessive-compulsive disorder in the time of COVID-19: How a global pandemic impacts mental health patients and their treatment providers. *Bulletin of the Menninger Clinic*. Advance online publication. doi: 10.1521/bumc_2021_85_04
17. **Pinciotti, C. M.**, Riemann, B. C., & Abramowitz, J. S. (2021). Intolerance of uncertainty and obsessive-compulsive disorder dimensions. *Journal of Anxiety Disorders*. Advance online publication. doi: 10.1016/j.janxdis.2021.102417
16. **Pinciotti, C. M.**, Riemann, B. C., & Wetterneck, C. T. (2021). Trauma type and obsessive-compulsive symptom domains: The unique relationship between indirectly experienced trauma and just right symptoms. *Journal of Obsessive Compulsive and Related Disorders*. Advance online publication. doi: 10.1016/j.jocrd.2021.100624
15. Wetterneck, C. T., **Pinciotti, C. M.**, Knott, L., Kinnear, K., & Storch, E. A. (2020). Development and validation of the Adult OCD Impact Scale (AOIS): A measure of psychosocial functioning for adults with obsessive-compulsive disorder. *Journal of Contextual Behavioral Science*, 18, 287-293. doi: 10.1016/j.jcbs.2020.10.005
14. **Pinciotti, C. M.**, & Orcutt, H. K. (2020). Obsessive-compulsive symptoms in sexual minorities. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. doi: 10.1037/sgd0000437
13. **Pinciotti, C. M.** & Orcutt, H. K. (2020). Common symptom presentations in individuals with probable comorbid OCD and PTSD. *Journal of Nervous and Mental Disease*, 208(10), 777-784. doi: 10.1097/NMD.0000000000001211
12. **Pinciotti, C. M.**, & Orcutt, H. K. (2020). It won't happen to me: An examination of the effectiveness of defensive attribution in rape victim blaming. *Violence Against Women*, 26(10), 1059-1079. doi: 10.1177/1077801219853367

11. **Pinciotti, C. M.,** Riemann, B. C., & Wetterneck, C. T. (2020). Differences in intolerance of uncertainty in OCD and comorbid PTSD underlying attenuated treatment response. *Annals of Psychiatry and Mental Health*, 8(1), 1142.
10. **Pinciotti, C. M.,** Allen, C. E, Milliken, J. M., Orcutt, H. K., & Sasson, S. (2019). Reliability and findings from an instrument examining sexual assault disclosure content and context: The Sexual Assault Inventory of Disclosure (SAID). *Violence and Victims*, 34(2), 260-295. doi:10.1891/0886-6708.VV-D-17-00161
9. **Pinciotti, C. M.,** Reffi, A. N., & Orcutt, H. K. (2019). Re-examining the relationship between avoidance and posttraumatic stress symptoms in self-defense training-enrolled rape victims: The protective effect of activities self-efficacy. *Violence and Victims*, 34(1), 104-119. doi: 10.1891/0886-6708.34.1.104
8. Reffi, A. N., **Pinciotti, C. M.,** Darnell, B. C., & Orcutt, H. K. (2019). Trait mindfulness and PTSD symptom clusters: Considering the influence of emotion dysregulation. *Personality and Individual Differences*, 137, 62-70. doi: 10.1016/j.paid.2018.08.010
7. **Pinciotti, C. M.,** & Orcutt, H. K. (2018). Institutional betrayal: Who is most vulnerable? *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260518802850
6. Reffi, A. N., **Pinciotti, C. M.,** & Orcutt, H. K. (2018). Psychometric properties of the Institutional Betrayal Questionnaire-Version 2. *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260518805771
5. **Pinciotti, C. M.,** & Orcutt, H. K. (2018). Rape Aggression Defense: Unique self-efficacy benefits for survivors of sexual trauma. *Violence Against Women*, 24(5), 528-544. doi: 10.1177/1077801217708885
4. Boykin, D. M., Himmerich, S. J., **Pinciotti, C. M.,** Miller, L. M., Miron, L. R., & Orcutt, H. K. (2018). The negative effects of fearing self-compassion on post-trauma reactions among survivors of childhood maltreatment. *Child Abuse and Neglect*, 76, 216-224. doi: 10.1016/j.chiabu.2017.11.003
3. **Pinciotti, C. M.,** & Orcutt, H. K. (2017). Understanding gender differences in rape victim blaming: The power of social influence and just world beliefs. *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260517725736
2. **Pinciotti, C. M.,** Seligowski, A.V., & Orcutt, H. K. (2017). Psychometric properties of the Perceived Ability to Cope with Trauma scale and relations with symptoms of PTSD. *Psychological Trauma: Theory, Research, Practice, and Policy*, 9(3), 362-369. doi: 10.1037/tra0000206
1. **Pinciotti, C. M.,** Bass, D. M., McCarthy, C.A., Judge, K. S., Wilson, N. L., Morgan, R. O., Snow, A. L., & Kunik, M. E. (2017). Negative consequences of family caregiving for veterans with PTSD and dementia. *Journal of Nervous and Mental Disease*, 205, 106-111. doi:10.1097/NMD.0000000000000560

PEER-REVIEWED PRESENTATIONS

- Pinciotti, C. M.,** McKay, D., Wetterneck, C. T., Miron, L. R., Post, L. M., Riemann, B. C. (2021, November). *Preliminary evidence for the effectiveness of concurrent exposure and ritual prevention for OCD and prolonged exposure for PTSD*. Paper presented at the 55th annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

- Horrocks, B. K., & **Pinciotti, C. M.** (2021, November). *Understanding sexual assault disclosure in the LGBTQ+ community*. Poster presented at the 55th annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- Pinciotti, C. M.**, & Orcutt, H. K. (2021, July). *Obsessive-compulsive symptoms in sexual minorities*. Poster presented at the annual International OCD Foundation research symposium.
- Pinciotti, C. M.**, Smith, A., Wetterneck, C., & Van Kirk, N. (2021, July). *Functional relationships and clinical considerations for overlapping OCD and PTSD/trauma presentations*. Symposium accepted to be presented at the 28th annual meeting of the International OCD Foundation, New York, NY. Rescheduled due to COVID-19.
- Pinciotti, C. M.** (2021, March). *Does a “posttraumatic OCD” factor structure exist?: Examination of overlapping OCD and PTSD symptom clusters*. Paper presented at the virtual meeting of the Anxiety and Depression Association of America.
- Pinciotti, C. M.**, Nuñez, M., Bailey, B., & Riemann, B. C. (2020, August). *OCD symptom profiles and attenuated treatment response in gender minorities*. Poster presented at the 27th annual meeting of the International OCD Foundation, Seattle, WA.
- Reffi, A. N., Ellis, R. A., Darnell, B. C., **Pinciotti, C. M.**, & Orcutt, H. K. (2019, November). *Mental health service utilization following a mass shooting: The effects of posttraumatic cognitions and pre-shooting emotion dysregulation*. Paper presented at the 35th annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
- Pinciotti, C. M.**, & Orcutt, H. K. (2018, November). *It won't happen to me: An examination of the effectiveness of defensive attribution in rape victim blaming*. Poster session presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington D.C.
- Pinciotti, C. M.**, Darnell, B. C., Ellis, R., Reffi, A. N., & Orcutt, H. K. (2018, November). *Obsessive-compulsive symptom profiles following high-betrayal sexual victimization*. Poster session presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington D.C.
- Reffi, A. N., **Pinciotti, C. M.**, & Orcutt, H. K. (2018, November). *Psychometric properties of the Institutional Betrayal Questionnaire, Version 2*. Poster session presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington D.C.
- Allen, C. E., **Pinciotti, C. M.**, & Orcutt, H. K. (2018, November). *Disclosure recipient moderates relationship between disclosure content and adverse mental health outcomes*. Poster session presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington D.C.
- Miron, L., Himmerich, S. J., **Pinciotti, C. M.**, & Pamp, B. (2018, November). *Correlates of military sexual trauma in male veterans presenting to a VA PTSD Clinic*. Poster session presented at the 34th annual meeting of the International Society for Traumatic Stress Studies, Washington D.C.
- Pinciotti, C. M.**, Allen, C. E., Milliken, J. M., Sasson, S., & Orcutt, H. K. (2017, November). *Preliminary findings and reliability for the Sexual Assault Inventory of Disclosure (SAID)*. Poster session presented at the 33rd annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

- Reffi, A. N., **Pinciotti, C. M.**, Darnell, B. C., Orcutt, H. K. (2017, November). *Facets of trait mindfulness by PTSD cluster*. Poster session presented at the 33rd annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Pinciotti, C. M.**, Reffi, A. N., & Orcutt, H. K. (2017, November). *Institutional betrayal exacerbates PTSD post-assault*. Poster session presented at the 33rd annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Reffi, A. N., **Pinciotti, C. M.**, & Orcutt, H. K. (2017, November). *Self-efficacy and avoidance of everyday activities moderate the relationship between history of rape and PTSS in self-defense training participants*. Poster session presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Ellis, R. A., **Pinciotti, C. M.**, & Orcutt, H. K. (2017, November). *Acknowledged and unacknowledged rape victims' perceptions of other victims*. Poster session presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Pinciotti, C. M.**, Faleer, H. E., Conley, S. L., & Orcutt, H. K. (2016, October). *Victim blaming, vulnerability, and the just world: A mediational model of blame attributions for sexual assault victims*. Poster session presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Pinciotti, C. M.**, Conley, S. L., Faleer, H. E., & Orcutt, H. K. (2016, November). *Sexual victimization history and labeling others' experiences as rape: Does vulnerability play a role?* Poster session presented at the 32nd annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
- Boykin, D. M., **Pinciotti, C. M.**, Miller, L. M., Himmerich, S. J., & Orcutt, H. K. (2016, November). *A prospective study on help-seeking among female survivors of a campus mass shooting*. Poster session presented at the 32nd annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
- Boykin, D. M., **Pinciotti, C. M.**, Miron, L. R., Himmerich, S. J., Miller, L. M., & Orcutt, H. K. (2016, November). *Clinical utility of a brief self-compassion intervention for reducing risk among at-risk college women*. Poster session presented at the 32nd annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.
- Boykin, D. M., Miron, L. R., Himmerich, S. J., **Pinciotti, C. M.**, Miller, L. M., & Orcutt, H. K. (2015, November). *The benefit of self-compassionate mindfulness on facilitating emotional processing to reduce PTSD symptoms*. Poster session presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL.
- Pinciotti, C. M.**, & Orcutt, H. K. (2015, November). *Rape Aggression Defense: Unique self-efficacy benefits for survivors of sexual trauma*. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL.
- Pinciotti, C. M.**, Bass, D. M., McCarthy, C. A., Judge, K. S., Wilson, N. L., Morgan, R. O., Snow, A. L., & Kunik, M. E. (2014, March). *A profile of informal caregivers of veterans with comorbid dementia and posttraumatic stress disorder*. Poster session presented at the 38th annual meeting of the Ohio Association of Gerontology and Education, Dayton, OH.
- Pinciotti, C. M.**, Martin, C., & Doane, L. S. (2013, November). *Resisting sexual assault: A comprehensive review of efficacy and consequence*. Poster session presented at the annual meeting of

the Ohio Psychological Association, Columbus, OH. Honorable Mention (Non-Empirical Runner-Up).

Pinciotti, C. M., & Doane, L. S. (2013, May). *The impact of self-defense training on female survivors of sexual assault*. Poster presented at the annual meeting of the Cleveland Psychological Association, Cleveland, OH. Meritorious Abstract.

INVITED PRESENTATIONS AND TRAININGS

Pinciotti, C. M. (2021, December). *Effectiveness of intensive CBT telehealth for obsessive-compulsive disorder during the COVID-19 pandemic*. Invited presentation at University of Florida Center for OCD, Anxiety & Related Disorders (COARD) (virtual).

Pinciotti, C. M., & Fisher, E. K. (2021, October). *Mental health treatment in the LGBTQ+ community: Identifying and addressing barriers*. Invited presentation at the 32nd annual Conference on Employee Assistance.

Pinciotti, C. M. (2021, May). *Symptom clusters in co-occurring OCD and PTSD: Are they the same or different?* Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2021, March). *Conceptualization, assessment, and treatment of co-occurring OCD and trauma*. Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2021, February). *LGBTQ+ issues in addictions treatment: Providing identity-affirming care*. Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2021, January). *Conceptualization, assessment, and treatment of co-occurring OCD and trauma*. Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2020, December). *LGBTQ+ issues in OCD treatment: Providing identity-affirming care*. Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2020, August). *Assessment and treatment of comorbid OCD and PTSD: Integrating research and clinical practice*. Invited symposium presented at the Online OCD Conference, International OCD Foundation.

Pinciotti, C. M. (2020, July). *LGBTQ+ issues in OCD treatment: Providing identity-affirming care*. Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2020, May). *Treatment disparities in gender minorities with OCD: understanding a complex clinical picture*. Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2020, April). *Critique of empirical manuscripts*. Invited didactic presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2020, January). *Similarities and differences in the presentation and treatment of comorbid OCD and PTSD*. Invited presentation at Rogers Behavioral Health System (virtual).

Pinciotti, C. M. (2020, January). *An overview of prolonged exposure therapy for PTSD: Implementation on a residential OCD unit*. Invited presentation at Rogers Behavioral Health System.

Wetterneck, C. T., & **Pinciotti, C. M.** (2019, November). *Consideration in the assessment and treatment of comorbid OCD and PTSD*. Invited Continuing Education (CE) training at the International OCD Foundation (virtual).

Pinciotti, C. M. (2017, May). *Post-assault experiences that improve or impede healing*. Invited presentation at Northern Illinois University Affirmative Action and Equity Compliance Department.

Pinciotti, C. M. (2017, March). *Post-assault experiences that improve or impede healing*. Invited presentation at Northern Illinois University Presidential Commission on the Status of Women.

Pinciotti, C. M. (2016, November). *Managing therapist barriers to implementing exposure therapy*. Invited presentation at Northern Illinois University Psychological Services Center.

Pinciotti, C. M. (2016, October). *Assessing adaptive functioning in intellectually disabled adults*. Invited presentation at Northern Illinois University Psychological Services Center.

Pinciotti, C. M. (2013, November). *The impact of self-defense training on female survivors of sexual assault*. Poster session presented at the annual meeting of the Ohio Psychological Association, Columbus, OH. Best Graduate Empirical Project awarded.

RESEARCH EXPERIENCE

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| 8/20-Present | Associate Research Psychologist
Rogers Behavioral Health System
Rogers Research Center |
| 8/19-8/20 | Post-Doctoral Psychology Fellow
Rogers Behavioral Health System
OCD and Anxiety Adult Residential Program
<i>Mentor: Bradley Riemann, Ph.D.</i> |
| 8/18-8/19 | Pre-Doctoral Psychology Resident
Rogers Behavioral Health System
OCD and Anxiety Adult Residential Program
<i>Mentor: Bradley Riemann, Ph.D.</i> |
| 1/18-5/18 | Graduate Research Assistant
Northern Illinois University
<i>Mentor: Anne Britt, Ph.D.</i> |
| 1/18-5/18 | Graduate Research Assistant
Northern Illinois University
<i>Mentor: Joseph Magliano, Ph.D.</i> |
| 8/16-5/17 | Research Fellow
Northern Illinois University
Center for the Study of Family Violence and Sexual Assault
<i>Mentor: Julie Crouch, Ph.D.</i> |
| 5/16-8/16 | Graduate Research Assistant
Northern Illinois University |

Center for the Study of Family Violence and Sexual Assault
Mentor: Julie Crouch, Ph.D.

8/14-5/15 **Graduate Research Assistant**
 Northern Illinois University
 Consequences of Trauma Exposure Lab
Mentor: Holly Orcutt, Ph.D.

8/14-9/15 **Research Interviewer**
 Benjamin Rose Institute on Aging
 Margaret Blenkner Research Institute
Mentor: David Bass, Ph.D.

7/13-8/14 **Research Assistant**
 Benjamin Rose Institute on Aging
 Margaret Blenkner Research Institute
Mentor: David Bass, Ph.D.

1/12-5/13 **Graduate Research Assistant**
 Cleveland State University
 Posttraumatic Stress Disorder Lab
Mentor: Lisa Stines Doane, Ph.D.

TEACHING EXPERIENCE

4/19-4/20 **Guest Lecturer**, Carroll University
Courses: Assessment and Cognitive-Behavioral Treatment of OCD; Basic Behavioral and Cognitive Principles.

5/15-12/17 **Teaching Assistant**, Northern Illinois University
Courses: Theory and Assessment of Intellectual Functioning (PSYC-640); Introduction to Psychology (PSYC-102); Research Methods (PSYC-305).

9/16 **Guest Lecturer**, Northern Illinois University
Courses: Introduction to Clinical Psychology (PSYC-418)

CLINICAL EXPERIENCE

8/19- 10/20 **Post-Doctoral Psychology Fellow**
 Rogers Behavioral Health System
 OCD and Anxiety Adult Residential Program
Mentor: Bradley Riemann, Ph.D.

1/20- 2/20 **Post-Doctoral Psychology Fellow**
 Rogers Behavioral Health System
 OCD and Anxiety Adult Partial Hospitalization/Intensive Outpatient Program
Mentor: Bradley Riemann, Ph.D.

- 5/19-8/19 **Pre-Doctoral Psychology Resident**
 Rogers Behavioral Health System
 Trauma Recovery Adult Partial Hospitalization/Intensive Outpatient Program
Mentors: Chad Wetterneck, Ph.D., & Rae Anne Ho Fung, Ph.D.
- 3/19-6/19 **Pre-Doctoral Psychology Resident**
 Rogers Behavioral Health System
 Eating Disorder Recovery Adolescent Residential Program
Mentors: Mia Nuñez, Ph.D.
- 8/18- 8/19 **Pre-Doctoral Psychology Resident**
 Rogers Behavioral Health System
 OCD and Anxiety Adult Residential Program
Mentor: Bradley Riemann, Ph.D.
- 7/17-7/18 **Clinical Extern**
 Edward J. Hines, Jr. Veteran's Administration Hospital
 Trauma Services Program
Mentors: Barbara Pamp, Ph.D. & Kelly Phipps Maieritsch, Ph.D.
- 5/17-8/17 **Advanced Clinical Extern**
 Alexian Brothers Behavioral Health Hospital (AMITA Health)
 Center for Anxiety and Obsessive-Compulsive Disorders Partial Hospitalization and
 Intensive Outpatient Programs
Mentor: Patrick McGrath, Ph.D.
- 10/16-6/17 **Group Co-Facilitator**
 DeKalb County Probation Services
 Women's Anger Management Group
Mentor: Alan Rosenbaum, Ph.D.
- 5/17-8/17 **Clinical Extern**
 Alexian Brothers Behavioral Health Hospital (AMITA Health)
 Center for Anxiety and Obsessive-Compulsive Disorders Partial Hospitalization and
 Intensive Outpatient Programs
Mentor: Patrick McGrath, Ph.D.
- 8/15-5/17 **Graduate Student Clinician**
 Northern Illinois University
 Psychological Services Center
*Mentors: Karen White, Ph.D., Holly Orcutt, Ph.D., Michelle Lilly, Ph.D., Alan
 Rosenbaum, Ph.D.*
- 9/15-5/16 **Group Co-Facilitator**
 Northern Illinois University
 Psychological Services Center
 Self-Compassion Group
Mentor: Holly Orcutt, Ph.D.
- 3/16-5/16 **Group Co-Facilitator**
 Northern Illinois University

Psychological Services Center
 Dialectical Behavior Therapy Skills Group
Mentor: Karen White, Ph.D.

- 4/13-6/13 **Group Co-Facilitator**
 Cleveland Rape Crisis Center
 Trauma 101 Psychoeducation Group
Mentor: Michael Wisniewski, Ph.D.
- 8/12-6/13 **Therapeutic Services Intern**
 Cleveland Rape Crisis Center
Mentor: Michael Wisniewski, Ph.D.
- 3/10-5/11 **Group Co-Facilitator**
 Xavier University
 McGrath Health and Wellness Center
 Xavier University Sexual Assault Support Group

PROFESSIONAL ASSOCIATIONS

- 2021-Present **Anxiety and Depression Association of America** (Member)
- 2019-Present **International OCD Foundation** (Member)
- 2019-Present **Association for Contextual Behavioral Science** (Member)
- 2015-Present **Association for Behavioral and Cognitive Therapies** (Member)
- Trauma and PTSD Special Interest Group** (past member)
- Women's Issues in Behavior Therapy Special Interest Group** (past member)
- 2016-2018 **International Society for Traumatic Stress Studies** (Member)

EDITORIAL BOARD

- 8/21-Present *Psychiatry Research Communication*

INVITED JOURNAL GUEST EDITOR

- 12/20-Present *Journal of Cognitive Psychotherapy* special issue: "Obsessive-compulsive disorder and co-occurring conditions: Conceptualization, assessment and cognitive-behavioral treatment"

JOURNAL REVIEWER

8/14-Present *Child Psychiatry & Human Development* (Invited)
Psychological Trauma: Theory, Research, Practice, and Policy (Invited)
Victims and Offenders (Invited)
The Open Psychology Journal (Invited)
Journal of Contextual Behavioral Science (Invited)
Cogent Psychology (Invited)
Psychological Assessment
Journal of Traumatic Stress (Co-Review)
Journal of Aggression, Maltreatment, and Trauma (Co-Review)
Clinical Psychology Review (Co-Review)

INVITED CONFERENCE SUBMISSION REVIEWER

12/19 *American Psychological Association 2020 Convention-Division 56 Trauma*

THESIS SUPERVISION

2021-Present **Master's Thesis Committee Member**
 Heidi Ojalehto, Department of Psychology and Neuroscience, University of North Carolina at Chapel Hill

OTHER SERVICE

8/19-Present **OCD and PTSD Consultant**
 Rogers Behavioral Health System

8/19-Present **LGBTQ+ Consultant**
 Rogers Behavioral Health System

9/21-Present **Team Leader**
 Rogers Behavioral Health System
 Equity, Diversity, and Inclusion
 Chosen Names and Pronouns Committee

5/21-Present **Committee Member**
 Rogers Behavioral Health System
 Equity, Diversity, and Inclusion
 BIPOC Mental Health Treatment Learning Committee

3/21-Present **Team Leader**
 Rogers Behavioral Health System
 Equity, Diversity, and Inclusion
 Gender Affirming Diagnosis and Rooming Committee

10/20-Present **Team Leader**
 Rogers Behavioral Health System

Equity, Diversity, and Inclusion
Equity Value Stream Steering Team

- 10/20-Present **Team Leader**
Rogers Behavioral Health System
Equity, Diversity, and Inclusion
Patient Care Committee
- 9/18-1/21 **Committee Member**
Rogers Behavioral Health System
OCD and Anxiety
OCD Treatment Standardization Committee

ADDITIONAL TRAINING

- 5/21 **Impact of COVID 19 on Transgender Communities**
The Transgender Training Institute
1.5-hour training on the impact of COVID-19 on the transgender community.
- 10/20 **Supporting Trans & Non-Binary Clients: For Social Service Providers**
The Transgender Training Institute
5-hour training on providing social services to patients who identify as transgender and/or non-binary.
- 8/20 **Introduction to Gender Inclusive Language and Pronouns for Healthcare Professionals**
University of Wisconsin-Whitewater
1-hour training on proper use of pronouns for gender expansive individuals within the healthcare system.
- 8/18-8/19 **Rogers Behavioral Health Didactic Series**
Pre-Doctoral Residency, Rogers Behavioral Health System
2-hour weekly trainings on a range of topics about assessment, treatment, diversity, ethics, and professional development.
- 10/17 **Cognitive Behavioral Therapy-Insonnia (CBT-I) Series**
Edward J. Hines Veterans Administration Talent Management System (TMS)
5-hour webinar on implementing cognitive-behavioral therapy for insomnia.
- 7/17 **Cognitive Processing Therapy Training**
Edward J. Hines Veterans Administration Hospital
8-hour training presented by National CPT trainer Kelly Maieritsch, Ph.D.
- 7/17 **Prolonged Exposure Training**
Edward J. Hines Veterans Administration Hospital
8-hour training presented by National PE trainers Kurt Noblett, Ph.D., and Jonathan Beyer, Ph.D.
- 7/17 **CORE Group and CAPS-5 Training**
Edward J. Hines Veterans Administration Hospital

8-hour training on CORE trauma psychoeducational group and CAPS-5 administration, presented by Barbara Pamp, PhD., and Lynsey Miron, Ph.D.

- 6/17 **Prolonged Exposure for PTSD**
National Crime Victims Research & Treatment Center, Medical University of South Carolina
Five-hour webinar on implementing Prolonged Exposure for PTSD with Veterans.
- 6/17 **Cognitive Processing Therapy for PTSD**
National Crime Victims Research & Treatment Center, Medical University of South Carolina
4.5-hour webinar on implementing Cognitive Processing Therapy for PTSD with Veterans.
- 6/17 **Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) Clinician Training**
National Center for PTSD, U.S. Department of Veterans Affairs
4.5-hour webinar training on administration and scoring of the CAPS-5.
- 10/15 **Northern Illinois University Ally Training**
Gender & Sexuality Resource Center, Northern Illinois University
Two half-day workshops presented by the Gender & Sexuality Resource Center.
- 10/14 **Trauma-Focused Cognitive Behavioral Therapy Workshop**
Northern Illinois University Center for the Study of Family Violence and Sexual Assault
Two-day training workshop presented by Zachary Adams, Ph.D.
- 10/12 **Trauma-Focused Cognitive Behavioral Therapy Web Learning Course**
The National Child Traumatic Stress Network
Online training module presented by The National Child Traumatic Stress Network.

PROFESSIONAL DEVELOPMENT

- 8/18-Present **Rogers Behavioral Health Data Watch Brown Bag Presentation Series**
Attend monthly brown bag presentations about ongoing clinical outcomes research; participate in discussions.
- 9/15-5/18 **NIU Presidential Commission on the Status of Women Luncheon Series**
Attend once-per-semester luncheon discussion of campus issues and research surrounding gender-based violence and Title IX.
- 8/14-5/18 **Center for the Study of Family Violence and Sexual Assault Brown Bag Presentation Series**
Attend monthly brown bag presentations about ongoing trauma research; participate in discussions.
- 8/14-5/18 **Anxiety Research Topics**
Attend bimonthly meetings; discuss topics and share ideas related to current anxiety research

8/14-5/18 **Traumatology Journal Club**
 Attend bimonthly meetings; read, discuss, and critique recently published articles about trauma and PTSD.

HONORS AND AWARDS

2016-2017	Research Fellowship Northern Illinois University <i>Center for the Study of Family Violence and Sexual Assault</i>
November 2015	Women's Special Interest Group Poster Award Association for Behavioral and Cognitive Therapies (ABCT) <i>Rape Aggression Defense: Unique Self-Efficacy Benefits for Female Survivors of Sexual Trauma</i>
November 2013	Best Graduate Empirical Project Ohio Psychological Association <i>The Impact of Self-Defense Training on Female Survivors of Sexual Assault</i>
November 2013	Non-Empirical Honorable Mention Ohio Psychological Association <i>Resisting Sexual Assault: A Comprehensive Review of Efficacy and Consequence</i>
May 2013	Meritorious Abstract Award Cleveland Psychological Association <i>The Impact of Self-Defense Training on Female Survivors of Sexual Assault</i>
2009 – 2010	Exceptional Leadership Award Xavier University <i>Xavier Students Against Sexual Assault</i>
2007 – 2011	Merit scholarship Xavier University