



The New Recovery Movement

Featuring William White, author of *Slaying the Dragon, A History of Addiction Treatment and Recovery in America*

Tuesday, September 24, 2002

Time: 8:30 a.m. - 3:30 p.m. (Registration 8 a.m. - 8:30 a.m.)

Location: Country Inn Hotel, Waukesha

Approved for up to .6 CEUs and endorsed by the Wisconsin Certificatoin Board for 6.0 WCB credits

Intended for chemical dependency professionals and those interested in recovery, this presentation discusses the new recovery advocacy and treatment renewal movements.

Educational Objectives:

- Discuss the history, core ideas, strategies and potential pitfalls of the new recovery advocacy movement and the role of addiction counselors
- Identify and discuss ways of removing the stigma associated with addictions
- Describe factors that are pushing addiction treatment from an acute model of intervention to a recovery management model
- Identify six areas of clinical practice that would change if addiction treatment programs became "recovery-oriented systems of care"

Cost: \$70 (\$56 for HMAA members - a 20% savings) includes all workshop fees, materials, continental breakfast and lunch

Call today to register or for more information! 1-800-767-4411 (X566)

Herrington/McBride Alumni and Rogers Memorial Hospital Foundation Annual Run/Walk for Recovery

Saturday, October 19, 2002 10K Run or 5K Walk

Time: Check-in 8 a.m.-9 a.m.

Location: Rogers Memorial Hospital—Oconomowoc

Cost: Advance: \$18.00 Day of Race: \$20.00 Families: \$40.00 Patrons: \$50.00

Questions: For more information call 1-800-767-4411 ext. 343

Entry Forms: Mail entry form (below) to:
Run Walk for Recovery
Rogers Memorial Hospital Foundation
34700 Valley Road
Oconomowoc, WI 53066

Last Name: _____ First Name: _____ Middle Initial _____

Address: _____ Male _____ Female _____

City: _____ State: _____ Zip: _____ Course (circle one): Run Walk

Day phone: _____ Age on 10/19/02: _____ Date of Birth (mm/dd/yy): _____

Amount paid: _____ T-shirt size (circle one) S M L XL XXL

I am unable to attend this year's run/walk; however I would like to make this contribution of \$ _____

All participants please read and sign this waiver: I know that participating in a run/walk is a potentially hazardous activity. I should not enter and run/walk unless medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to compete in the run/walk. I assume all risks associated with participating in the event including, but not limited to: falls, contact with other participants, spectators, the effects of the weather, including extreme heat, rain, traffic and the conditions of the road and/or course. All such things being known and appreciated by me, having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and acting on my behalf, waive and release Rogers Memorial Hospital, Rogers Memorial Hospital race personnel and volunteers, and all sponsors and contributors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in the event even though that liability may arise out of negligence or carelessness on the part of the persons or entities named in the waiver. I grant permission to all the foregoing to use any photographs, motion pictures, videotapes or any other record of this event for legitimate purposes. I also agree to uphold patient confidentiality while on hospital grounds; I will not discuss patient's names or information with any outside person.

DATE: _____ SIGNATURE OF ENTRANT: _____

SIGNATURE OF PARENT IF ENTRANT IS UNDER 18 YEARS OF AGE: _____

The Moving Finger

The Herrington McBride Alumni Association

Fall 2002

2002 Summer Reunion

The best ever!

By: John Ashenbrenner, Vice President

Saturday, June 22, 2002 was a hazy, lazy summer day--- perfect for a picnic and reunion. And perfect it was! Alumni and Herrington residents began assembling at about 9:30 a.m. from as far as St. Louis and the Upper Peninsula of Michigan.

A continental breakfast was served prior to my opening welcome and the introduction of the speaker, Judge Patrick Snyder. Judge Snyder's theme was, "Celebrate Recovery." The 80 plus individuals warmly received his bittersweet and humor-laden remarks. He encouraged new residents of Herrington House along with alumni to keep celebrating the great gift of recovery.

Following the annual meeting, Mickey Gabbert, Manager of Chemical Dependency Services, flipped hamburgers and hot dogs. All feasted on generous and excellent picnic fare provided by Rogers Memorial Hospital. Wendy Kohlhaus and Charlie Schrauth, counselors at Herrington Recovery Center, joined the group.

One could hear the laughter and see more than an occasional tear as memories were shared. Friendships were renewed and new ones made. People played volleyball or just gathered in the garden to quietly share their "moments in recovery" with one another.

Mid-afternoon approached, as did the new event, "Carl's Hunt." A scavenger hunt, which would find teams driving within a 50-mile radius of the hospital. The scavenger list was a guarded secret and not revealed until moments before the hunt was to begin. At 7:00 p.m. everyone converged with his or her "gatherings," and there is some cause to doubt whether or not the two old boats that were dragged in for judging ever did find appropriate dumping sites. One of the teams made a pact to be back next year and demanded being on the same team.

The day ended with an open AA meeting around a blazing campfire under a beautiful almost full moon.

"Gabbert's Fire" as the meeting is called had as its theme, "An Attitude of Gratitude is a Never Ending Prayer." The huge gathering shared in their personal gratitude until almost 10:00 p.m. The mosquitoes were held at bay by lots of repellent!

The reunion was--the best ever!



2002 Summer Reunion Scrapbook Inside!

"The Moving Finger writes, and having writ, moves on." - The Rubaiyat of Omar Khayyam

www.hmrecovery.org

where friends in recovery come together

sponsored by the Herrington/McBride
Alumni Association

This and That

Welcome to **Ruth Muller** of the Marketing Department who has replaced **Julie Kubik** as liaison to the HMAA board.

Thanks to Julie for her assistance these past years in assisting HMAA in all of its events and the publication of this newsletter. In order to better align program marketing, Julie has taken on the OCD and Eating Disorder partial hospitalization programs in addition to these two residential programs.

Jeanne Blommel was voted in as a new board member of HMAA. Jeanne is a Herrington Alum and will serve a 2 year term. Election of officers took place at the August meeting.

Contributions of **recovery-focused literature** continue to be needed at the Herrington House. Drop them off at either the Oconomowoc or the West Allis facility. Mark them, "Attention Mickey Gabbert." Financial donations for purchasing materials are also appreciated.

While we have been able to add a few females to the list of **rap speakers**, we are still in need of more. If you are interested and have a significant amount of clean/sober time, contact us at Herrington Recovery Center. All presenters need to be approved by staff. Raps are at 6 p.m. on Tuesdays and are coordinated by David Hathaway.

HMAA Board of Directors

President—John Hopkins

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Secretary—Wm. Martens, MD

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Natalie Zimmerman

Jeanne Blommel

David Franczyk—Liaison to the Rogers

Memorial Foundation

Mickey Gabbert—Advisor

Ruth Muller—Advisor

Have you moved or changed your name?

Please notify us of any changes as soon as possible. We continue to receive a large number of newsletters returned due to expiration of forwarding time. Because we mail the newsletter first class, this has become quite expensive. More importantly, you will be missing announcements of upcoming events. You can send changes to:

HMAA Box 13581
Wauwatosa, WI. 53213

If you prefer, you can call 1-800-767-4411 ext 365 or send it via our website at www.hmrecovery.org

Upcoming/Ongoing Events

Board Meetings

October 1, December 3 2002, 6 p.m.
Rogers Memorial Hospital—West Allis

Awareness Event

September 24, 2002
Country Inn—Waukesha
(Registration form on back page)

Run/Walk for Recovery

October 19, 2002
On the grounds of Rogers Memorial Hospital,
Oconomowoc
(Registration form on back page)

Retreat

January 3, 4 and 5, 2003
Redemptorist Retreat Center in Oconomowoc
(Registration information in winter issue)

Rap with Herrington Recovery Center Residents

Every Tuesday at 6 p.m.
Must be pre-arranged with rap coordinator

Pizza Party with Herrington Recovery Center Residents

Call 1-800-767-4411 ext 240 if interested in attending
with an HMAA board member

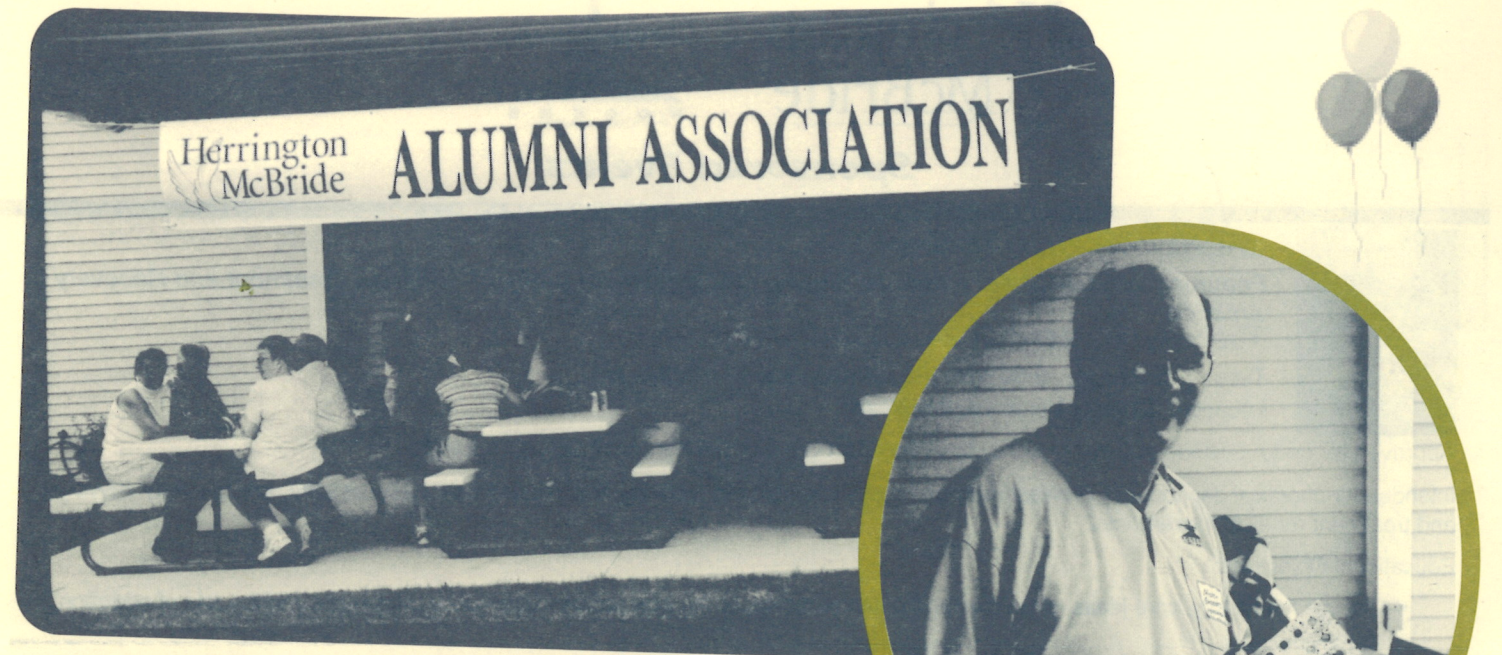
Annual Reunion/Picnic

June 2003
(Date will be announced in winter issue)

The Moving Finger is published by and for the Herrington
McBride Alumni Association.

Please send story ideas and feedback to:
34700 Valley Road, Oconomowoc, WI 53066.

Newsletter Editor: Natalie Zimmerman



2002 Summer Reunion ~ The Best Ever!