

The Moving Finger

Vol. XIII, No. 1

The Herrington McBride Alumni Association

Spring 2000

Where have we been?

After some years of absence, *The Moving Finger*, the official newsletter of the Herrington/McBride Alumni Association (HMAA), is back! Despite the newsletter's lack of publication, HMAA has been active. It's our hope, along with the assistance of Rogers Memorial Hospital, to make HMAA a stronger, more visible organization. Our first newsletter, the Spring 1985 issue was published during the time when our alumni group was forming. This issue marks HMAA's 15th anniversary and while brief, provides an update on our past and future events.



THE HMAA
16TH ANNUAL

ALUMNI FAMILY PICNIC

SATURDAY, JUNE 10
NOON-4:00

Rogers Memorial Hospital
3400 Valley Road
Oconomowoc, WI

Annual meeting at 2 p.m.
Agenda to include nomination and election of board members as well as a brief update of the organization's status.

For more information or to register, call the Herrington Recovery Center at (800) 767-4411 ext. 240.

REGISTRATION DEADLINE IS JUNE 8

This event is free of charge, but contributions are always welcome.

Fall 2001 awareness event

We're in the process of planning an "awareness building" event to assist HMAA's goal to educate the public about chemical dependency issues. Anyone interested in getting involved in planning this event, scheduled for fall 2001, should contact an HMAA board member.

Annual retreat planned

The HMAA Annual Retreat, scheduled for Jan. 12, 13 and 14, 2001, will be held at the Redemptorist Retreat Center, Oconomowoc. Informational flyer and registration materials will be sent to you later this year. Mark this activity on your calendar!

HMAA web site offers support

Our soon-to-be operational web site will provide an opportunity for lending and getting support from other recovering people as well as chatting about selected topics. Visit the site via the internet by typing www.hmrecovery.org

Rap sessions

Group sharing sessions, otherwise known as "raps," continue to be led by HMAA alumni and are held at the Herrington Recovery Center on Tuesday evenings. Contact John Hopkins if you are interested in becoming a "rapper" by calling (414) 299-1993.

- over, please -

"The Moving Finger writes, and having writ, moves on." - The Rubaiyat of Omar Khayyam

Change of name or address notification

There are currently about 1500 names on the HMAA mailing list. We need your help to keep this important list current. If you change your name or address, please inform us as soon as possible by calling Julie McCardell at 1-800-767-4411 ext. 309. If you are aware of HMAA alumni who should be on the mailing list, please provide the appropriate information (name, mailing address, etc.) to Julie.

Your support is appreciated!

HMAA is grateful to those who continue to send donations. Your financial support assists us to send newsletters, provide assistance to persons who wish to attend retreats, gift mugs to program "graduates" and support programs such as our Awareness luncheon. Please take a moment to complete and return the attached contribution form and return with enclosed envelope in appreciation for what you have achieved during your ongoing recovery.

Donations can be made in memory or honor of a particular individual. If you wish, HMAA will send a note to the individual you designate informing them of your monetary contribution. Include the person's name and address with your contribution.



Herrington/McBride
Alumni Association Fund

Name of donor _____

Address _____

City _____ State _____ Zip _____

Donation made in ___ memory ___ honor of

Amount: \$50 \$100 other \$ _____

Please return this form along with check made payable to HMAA in the enclosed envelop.

HMAA coffee mugs

Coffee mugs bearing the HMAA logo are gifted to each person completing the Herrington Recovery Center program. The alumni logo will also appear on all of our publications. If you are interested in buying a mug, we plan to have them available for purchase at the June alumni picnic, as well as the annual retreat and future alumni events. Cost has not been determined at this time.

HMAA board meetings

HMAA board meetings are held the first Tuesday of each month beginning at 6 p.m. at Rogers Memorial's Greenfield treatment center, located at 5000 S. 110th Street. If you plan to attend, please contact Julie McCardell, Herrington Recovery Center outreach representative, at (800) 767-4411 ext. 309. All HMAA alumni are welcome to attend the meetings but do not have voting privileges.

Grant monies received

The Northwestern Mutual Life Foundation granted HMAA \$500, which HMAA applied to the continuation of purchase of mugs for the graduates of the programs. HMAA greatly appreciates Northwestern's gift.

Alcohol in the Workplace

HMAA was one of six supporters of an April 5 luncheon focusing on alcohol and other drug abuse education in the workplace. The benefit was sponsored by the Rogers Memorial Hospital Foundation and was held at the Pfister in downtown Milwaukee. William Cope Moyers, vice president of public affairs for the Hazeldon Foundation in Center City, MN, delivered his message to over 300 business and civic community members in Wisconsin. His message conveyed that there is a need to treat the addicted with compassion rather than punishment. "Addiction has no cure," Moyer stated. "The solution is comprehensive treatment, and without treatment, there is no recovery."

Visit us on the web at
www.hmrecovery.org.

The Moving Finger is published by and for the Herrington McBride Alumni Association. Please send story ideas and feedback to: 34700 Valley Road, Oconomowoc, WI 53066.

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