



McBride's Future Begins to Clear

First, your Board of Directors apologizes for the lateness and brevity of this newsletter.

As has been alluded to in recent issues of *The Moving Finger*, clouds of uncertainty have been hanging over both the Alumni Association and the McBride treatment program (as we knew it), and only now is the future beginning to truly take shape.

Unfortunately, however, time ran out with some important fine points still not quite settled. It had been hoped that an in-depth report of the entire picture could be included in this, the final publication of 1995, but that became an impossibility due to the need to get registration materials out for the upcoming Winter Retreat. Hence this "interim edition."

Within the next month or two, however, you will be hearing much more about:

- Since there is no longer a "McBride Center," per se, the Alumni Association will be redesigned to
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Time, Space Limited Retreat Offers Respite From Winter Doldrums

Yes, Virginia, there is a Winter Retreat.

For a variety of reasons, the notice is late and time for registration is short, but the 9th annual McBride Alumni cold-weather getaway will be providing that much-needed recharging of our recovery batteries the weekend of **January 5-7, 1996**.

The theme, even more appropriate than when originally slated last spring, is *Rejuvenate Your Recovery* — a thought that can apply to our organization itself as we move into an exciting new era. It's that time of year when everyone can use some energizing and spiritual uplifting.

Coming right after the holidays, when let-downs can be especially rough for the recovering community, this has always been the flagship of the Alumni fleet of activities, and limited space, plus the short window for signing-up, makes a prompt re-

sponse imperative. Mail the coupon on the back page, along with your check, before it's too late.

The fee for the entire weekend — two nights lodging (private rooms with bath) at Perpetual Help Retreat Center near Oconomowoc and five sumptuous buffet meals plus all the motivation and inspiration you can soak up — remains at \$120 and your check must be received **no later than January 3**. (Sorry, no refunds after the deadline.)

"It's a real bargain; no doubt about it," said Bob Hanning, chairman of this year's event. "The setting, the mood, the spirit of fellowship and warmth make this a retreat that can't be matched anywhere."

As always, the weekend will kick off on Friday with check-in from 5 p.m. until dinner at 6, followed by an inspirational keynote talk, this year featuring fellow Alum and treatment team counselor Jeanne Worman. From there on, it's a self-directed weekend with participant speakers, break-out groups, time for meditation or relaxation and — just as important — a ton of fun. You'll be homebound at about noon Sunday.

The retreat is open to all alums as well as others who are familiar with our format and who share our addiction to alcohol or drugs.

Those who have attended previous McBride retreats know about

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Four New Faces On Board

Four new directors were named to the Alumni Board at the annual meeting September 10.

Ron Gudinkas, Jim Hinderaker, Bill Martens and Kevin Weidman were elected to fill the vacancies left when the two-year terms of David Franczyk, Peggy Haggerty, Marian Yoder and Jeff Newburg expired. They join carry-over directors Bob Hanning, Phil Atinsky, Cary Manske, Ron Bloomquist, Karen Rieder and Ken Zimmerman.

At its first meeting September 12, the Board named Hanning as 1995-1996 President; Atinsky, vice president; Manske, secretary, and Zimmerman as treasurer.

*The McBride Foundation
17935 Country Lane
Brookfield, Wisconsin 53045*

FIRST CLASS

McBRIDE

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better reflect contemporary needs and to broaden our overall objectives and range of activities, as well as the membership criteria. (Suggestions are always welcome.)

- The annual Awareness Program held with the Medical College of Wisconsin will be elevated to a much higher degree of recognized community service.

- ADMC has changed its name to Professional Recovery Network (PRN) and will be establishing a residential treatment program and recovery house at Rogers Memorial Hos-

pital of Oconomowoc. At present, plans call for a continued outpatient presence at Milwaukee Psych.

Look for further information and additional developments in your next newsletter.

One thing does remain unchanged, however. The McBride Alumni Association & Foundation is viable and well but your continued financial support is always needed. Don't forget this worthy cause as you consider year-end, tax-deductible contributions. Send your checks to The McBride Foundation, 17935 Country Lane, Brookfield, WI 53045.

RETREAT

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the idyllic grounds on beautiful Crooked Lake, and how walks through the woods or just gazing out the window can instill an exhilarating sense of serenity. They know about that special camaraderie that comes from sharing experiences, good and bad, in this unique atmosphere. Newcomers need only ask someone who's been there to hear about the incredible sense of renewal that will be your lingering reward for months, perhaps a lifetime. *McBride retreats are hard to describe... but you can't stop talking about them.*



Happy Holidays

*From Your
Alumni Board*



9TH ANNUAL McBRIDE WINTER RETREAT

*Clip, Enclose Check
And Mail To:*

Bob Hanning
2737 East Beverly Road
Shorewood, WI 53211
(414) 964-6566

Make Check Payable To: The McBride Foundation

Name _____
Address _____
City/ST/ZIP _____
Phone _____

Check Here If You
Need Map/Directions
To Retreat Center

Retreat: \$120.00 Per Person

Amount of Check: _____

Donations to The McBride Foundation Can Be Added to Your Check