

7th Annual
 McBride Alumni
 Picnic!!!

Sunday

September 8, 1991

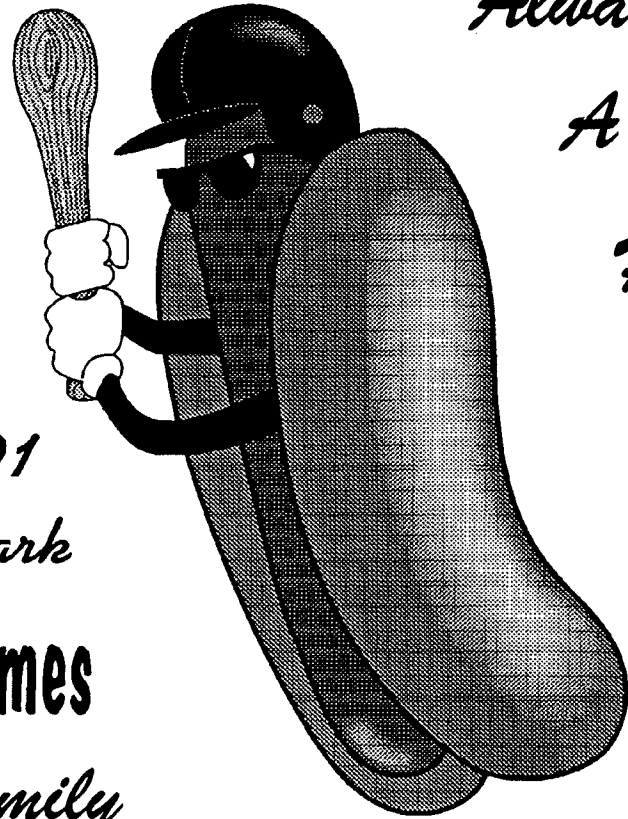
Wisconsin Avenue Park

Fun Food Games

Alums Family

Friends

Only \$7.50 Per Person!



Always
 A Big
 Hit!!!

- | | |
|-------------------|--------------------|
| ★ Bar-B-2 Chicken | ★ Hot Dogs & Brats |
| ★ Potato Salad | ★ Veggies |
| ★ Fresh Fruit | ★ Unlimited Soda |

Registration Deadline: September 3

Picnic Area 1 - 12:30 p.m.

Sign Up Today!

Name _____

Address _____

City _____ St _____ Zip _____

Phone _____

@ \$7.50 For Picnic: \$ _____

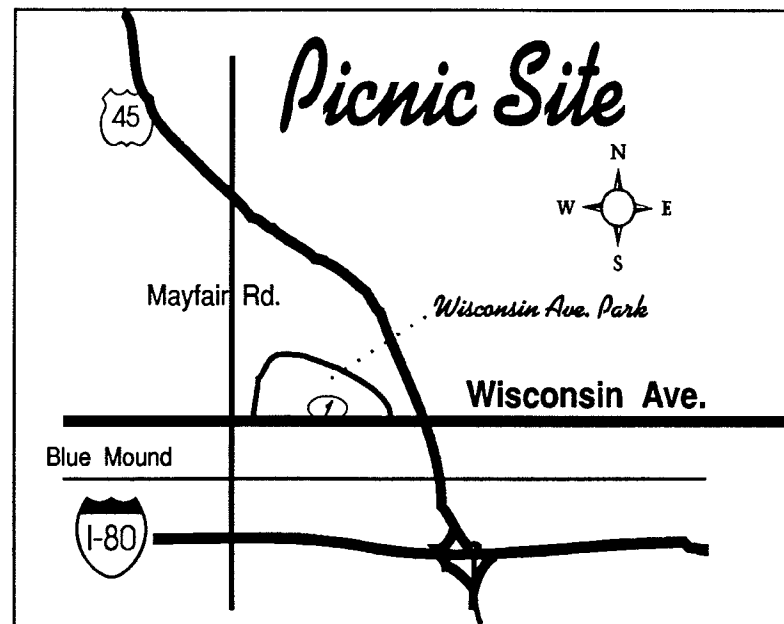
Children (Free) _____

Renewal (Free) _____

Foundation Contribution: \$ _____

Check Amount: \$ _____

Mail To: Kris Giese; 4941 Berkeley;
 Whitefish Bay, WI 53217



The Moving Finger

The McBride Alumni Association and Foundation

Vol. VII, No. 2

Milwaukee, Wisconsin

Summer, 1991

Alums Eye Year's Big Day

Renewal Adds Fuel To Vital Fire of Recovery

"Renewal" is just what the name implies: A recharging of the Program's batteries and a rejuvenation of the spirit behind it.

It's an opportunity to take stock, to reaffirm and rededicate, to gather strength from others who are doing the same.

It's a time for reflection and gratitude, for a spiritual reawakening.

And what better place for the process than back where it all began, at McBride with fellow Alums. Spouses, friends and loved ones, the people whose support keeps it all going, are also invited.

It was a need for such fellowship that prompted the
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Picnic Basket Filled With Food, Fun, Fellowship

Whether you call it a family get-together and picnic, or a sharing of fellowship and the McBride spirit, or simply an Alumni homecoming, it's set for Sunday, September 8, and it's bound to be a great time for all.

This will be the seventh annual picnic for those who have discovered recovery at McBride over the years, and their family, friends and relatives, who now share those new

lives, are all invited and welcome.

Preceding the food and fun at Wisconsin Avenue Park (Picnic Area 1) will be the inspirational Renewal Program at McBride, a feature of "Alumni Day" that was added in 1986. The morning program has become
(Continued On Page 3)

Alumni Day Schedule	
Continental Breakfast	9:30
Annual Meeting	10:00
Renewal Program	10:30
Picnic	12:30

Guidelines Set For Patient Visits

Patient visits by Alumni have always been welcome and encouraged at McBride but, for a variety of reasons, it's become necessary to establish a policy to regulate them.

"They haven't been serious, but there have been some problems," explained Tom Winslow of ADMC, who also serves as the liaison between the treatment team and the Alumni Board.

"For one thing," he pointed out, "there are now so many alums (well over a thousand), not to mention periodic staffing changes, that it's impossible for the unit personnel to know and recognize everyone."

He emphasized that Alumni vis-
(Continued On Page 2)

Gratitude In Action Endowment Fund Goes To Work

Pat yourselves on the back, Alums. You made it happen!

The first loan from the McBride Foundation Endowment Fund has been granted and a patient has been enabled to extend his treatment to include residency at Herrington House.

Caught in a financial bind as his inpatient stay drew to a close, the prescribed move into a recovery house program appeared beyond reach. It was impossible, in fact, until the Endowment Fund and the possibility of a loan brightened the picture.

The timing was so close that only a draft copy of the necessary paperwork was ready for use, but that was good enough to get things rolling. A check for \$1,000.00 was quickly drawn, and funds for additional assistance were added via a second loan a month later.

"This is all so wonderful," the recipient declared. "I know how important this part of treatment is; I know how much I needed it, but things looked pretty bleak. Please thank everyone for me."

At least for the present, a number of stipulations and restrictions are necessarily attached to the Endowment loan program, but this first disbursement has been hailed as a milestone.

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The Moving WHAT?

Omar Had Hand In Naming Alumni Newsletter

Every once in awhile, as new members join our fellowship, and heads are scratched in bewilderment, it's a good idea to explain what is behind the name of our quarterly newsletter.

There's really nothing deeply profound, just a spur-of-the-moment, somewhat whimsical idea that fell out of a conversation among those who were putting the first issue together back in 1985.

"Let's be different," said one. "Let's make it symbolic," said another. And, "Let's be a little weird,"

added the third, who obviously had considerable influence.

At the time, the expression "moving on" was a common way of describing progress through the McBride treatment regimen. Every day, it seemed, there was reference to "moving on..." to another step, to another treatment phase, to the Recovery House or back to "the outside world."

To those familiar with *The Rubaiyat of Omar Khayyam*, that mystical poem dating back several centuries, the newsletter title should

ring a bell. Omar, the Persian tentmaker poet, was engrossed in his addiction to wine and abstract philosophy and used the verse that is responsible for our masthead:

"The Moving Finger writes, and having writ... Moves on. Nor all your piety nor wit shall lure it back to cancel half a line of it; Nor all thy tears wash out a word of it."

At the time, it seemed appropriate, different, symbolic and, yes, a little bit weird. And maybe there's a message there.

Endowment Fund Goes To Work

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"There were times I wondered if it would ever get off the ground," said Alumni Board President Kris Giese, "but at the same time, I was confident that, somehow, the Alums would come through. This is a wonderful achievement that everyone can be proud of."

Because it is still in the early growth stage, the fund is limited in the number of patients who can currently be accommodated, but it is hoped that this first loan will spur an increase in donations to the Foundation.

In order to qualify for Alumni assistance, a patient must demon-

strate a sincere commitment to recovery from chemical dependency as well as reasonable and timely repayment ability. Applications are screened by designated ADMC physicians before being forwarded to the Alumni Board for final action.

Applications and further information regarding eligibility criteria are available from Roger Glazer at Herrington House.

And don't forget: Contributions are fully tax-deductible. Checks, made out to the McBride Foundation, should be mailed to the Foundation, 17935 Country Lane, Brookfield, WI 53045.

Patient Visits

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its are still encouraged but, "at the same time, we must maintain patient confidentiality. That's hard to do with a complete open-door, open-time policy."

Alumni, therefore, are requested to limit their visits to the following schedule:

Wednesdays: 5 p.m. to 7 p.m.

Saturdays: 4 p.m. to 7 p.m.

Sundays: 1 p.m. to 7 p.m.

(Normal visiting hours)

Other days: One-half hour before to one-half hour after on-campus AA meetings.

Visits at other times should have prior clearance from the McBride staff.

Special identification badges have also been prepared and are available at the switchboard. These should be obtained before proceeding to the McBride Unit, then dropped off when leaving.

Finally, whenever visiting the unit, Alums should always identify themselves, as well as the patient they wish to see, at the nurses' station upon arrival.

"This policy really shouldn't cause any inconvenience," Winslow said, and it will certainly help eliminate misunderstandings.

Picnic Caps McBride's Big Day

(Continued From Page 1)

a tradition for Alums to join in reflecting upon the experience that reshaped and restored our lives.

To kick off the busy day will be a continental breakfast and get-together at 9:30 a.m. in the Auditorium. The brief business meeting will begin at 10 a.m., with the Renewal following at 10:30.

Fun for the entire family gets underway when the picnic fires are lit at about 12:30 at the park, just a short distance from McBride (see map on back page).

There is no charge for the morning breakfast and program and the fee for the picnic fare (barbequed chicken, hot dogs and brats, potato salad, veggies, fresh fruit and all the soda you can drink) is a low \$7.50 per person.

Because the caterer needs an advance count, please register early for this annual opportunity for both strengthening and enjoying the fruits of recovery. Checks should be mailed to Kris Giese, 4941 Berkeley, Whitefish Bay, WI 53217, and received by September 3.

Simply getting together for a reunion is usually activity enough, but for the more energetic, volley ball gear will be provided. Beyond that, please feel free to bring your own outdoor game favorites; horse shoes or softball are always good ideas.

The Moving Finger is published quarterly by and for the McBride Alumni Association. Please send address and telephone corrections to:

The McBride Foundation
17935 Country Lane
Brookfield, WI 53045

Ken Zimmerman
Editor

Five Board Seats To Be Filled At Annual Meeting

New Board members will be elected and all official obligations of the organization will be addressed when the McBride Alumni Association and Foundation conducts its sixth annual business meeting on Alumni Day, September 8.

This brief "housekeeping" session, scheduled for 10 a.m. (between the continental breakfast and the Renewal Program) in the Auditorium, is mandated in the bylaws and corporate constitution and also serves as an opportunity for open discussion of any issues that members may wish to present.

Five directors will see their two-year terms expire and a slate of candidates is being selected for presentation by the Nominating Committee. Alums with at least a year of sobriety are eligible; those interested in serving should submit their names to any current Board member. (Directors may stand for reelection if they choose, and nominations may also be made from the floor.) Slots to be vacated include those held by Dick Barta, Tom Boliaris, Charles Brandenburg, Diane Weber and Marian Catania, who is completing the term vacated earlier this year by John Hanson.

Holdover members include Phil Atinsky, Beth Formoe, Kris Giese, John Hopkins and Ken Zimmerman, who, as a past-president, continues as an ex-officio director.

All Alums are encouraged to attend and participate in this annual membership forum.

Children are free, but please add them to your registration so the caterer will know how many to expect (and if their appetites trouble your conscience, you can always add a few dollars to your check to help defray expenses).

The registration form and a map are on the back page. (In the unlikely event of rain, alternate plans will be announced at the Renewal, or you may call the hospital switchboard after noon.)

Renewal Fuels Recovery's Fire

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first McBride Renewal Program back in 1986, and that has seen it continue as a vital part of each year's Alumni Day activities.

Set for 10:30 a.m. in the Auditorium, right after the continental breakfast and annual Association Business Meeting, this year's theme focuses on "Wisdom... Knowing acceptance, honesty and serenity."

Three speakers -- two Alums and one representing the Al-Anon side of the picture -- will share their thoughts to guide our reflections, and a representative from ADMC will help tie it all together.

You'll see a lot of familiar faces, and sometimes it's remarkable how they reflect the gifts of recovery. It all adds up to a morning of putting things in perspective; of catching some mental glimpses of the past while renewing our appreciation for today and for what now lies ahead.

And then, it's off to the picnic!

New Tuesday Night AA Officers Picked

Mike D. was elected to serve as Secretary of the Tuesday Night Professionals In AA group at the July 30 meeting at McBride. Beth D. (no relation) was named treasurer. The six-month terms will run through February.

Mike and Beth, both McBride Alums, succeed Beth F. and David F.

Mark Your Calendars

- Sunday Brunch* August 4
- Board Meeting August 13
- Sunday Brunch* September 1
- Annual Meeting September 8
- Renewal Program September 8
- PICNIC September 8
- Board Meeting September 10
- Public Awareness Program November 12
- Winter Retreat January 3-5, 1992

* Brunch 10:30 a.m.; Holiday Inn Mayfair