

It's Fun!
 It's Food!
 It's Festive!
 It's. . .

The Fifth Annual
**McBRIDE ALUMNI
 PICNIC!**

Sunday, Sept. 10, 1989

**Jacobus Park
 (Picnic Area # 1)**

Reservations Deadline: September 2

Donation of \$6.00 per person covers 1 burger and a brat or hot dog, potato salad, veggies, cole slaw, baked beans, watermelon, plates and utensils, charcoal grill and all the soda you can drink. Feel free to bring games.

McBRIDE DAY activities will open with coffee and rolls in the auditorium at 9:30 a.m. and the annual Alumni Association business meeting begins at 10 a.m. The traditional Renewal Program will be at 10:30 a.m. and the picnic should get underway at about 12:30 p.m. Jacobus Park is three blocks north of Wisconsin Ave., west of 60th St. Please mail the registration form below and your check, made out to The McBride Foundation, to: TOM DUTTON, 3365 Town Trail, Brookfield, WI 53005 before Saturday, September 2.

Name: _____

Number Attending:

Renewal _____

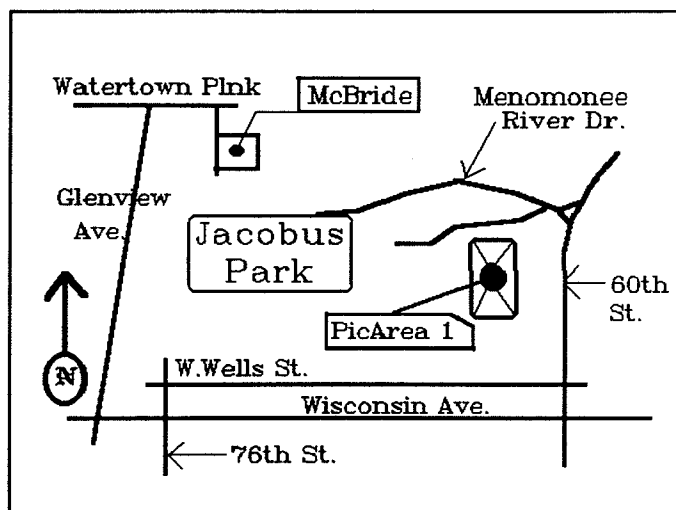
Open House _____

Children (Picnic) _____

Picnic Reservations @ \$6.00 \$ _____

Tax-Deductible Contribution
 To McBride Foundation: \$ _____

Amount of Check: \$ _____



The Moving Finger

McBRIDE ALUMNI ASSOCIATION & FOUNDATION

Vol. V, No. 3

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Summer, 1989

Make Reservations Now

Tables Set For 5th Annual Picnic

Brats, burgers and hot dogs top the menu as plans near completion for the big Fifth Annual McBride Alumni Picnic September 10.

In response to comments at last year's outing, the date has been moved up to September to avoid schedule conflicts, and food arrangements are now a little more specific,

but otherwise the format is generally unchanged.

It's a family affair, with spouses (or the proverbial "significant others") and kids all invited. Game equipment, including volleyball and softball, will be available, but feel free to bring any other fun supplies you may care to add.

As in the past, the big day will begin with the annual Renewal Program in the McBride Auditorium (see related story, Page 3) and then moves down the hill to nearby Jacobus Park, Picnic Site #1 northwest of 60th and Wells, shortly after noon. There's a map and reservation form along with other details on the

**Monthly
 SUNDAY BRUNCH
 10:30 A.M.
 August 6
 76 CLUB
 76th & Bluemond**

A Pro In Our Midst?

Some were wondering how a REAL golfer got into the act but no one disputed the awarding of the 1989 Greater McBride Open Golf Tourney championship trophy to Joe P.

His red-hot 76 on the challenging Paganaca Golf Club course May 21 added a sense of genuine legitimacy to an outing that was otherwise distinguished more by the fun and good times than it was for stellar golf.

There is, in fact, no record of who finished second.

Joe (no relation to the Joe P. on the McBride Board of Directors) also walked off with the prize for longest drive and "Eagle-Eye" Russ W. took the longest putt honors. In a great show of consistency, "Cool Hand" Janet C. carded the fewest putts over the 18 holes.

Claiming that the only smart way to approach golf is to get the most strokes for your money, Mary S. won the

(Continued on Page 2)

back page of this newsletter.

Reservations, which must be received no later than **September 2**, are \$6.00 per person, with no charge for children (though an appropriate donation to the Foundation would be appreciated). This will cover one hamburger and your choice of either a brat or hot dog (you cook 'em yourself); potato salad, veggies, baked beans, cole slaw and a watermelon wedge, plus unlimited soda. Utensils, napkins, basic condiments and grills and charcoal are also included.

Past experience has shown that folding lawn chairs are a good idea to supplement the picnic tables; throw a couple in the trunk if you have them.

Plans for an alternate site in the event of rain are still pending and, if necessary, will be announced at the Renewal Program. The location will also be available by calling the hospital switchboard after noon on the day of the picnic.

(Continued on Page 3)

Board Elections
 See Page 3

Summer Retreat Draws Gratifying Reviews

Just like recovery, McBride retreats keep getting better.

This year's summer version, June 2-4, was not only the best attended but also seemed to beat all others in ending too soon, probably the most telling sign of success.

Even the food and homelike-cooking were given superior marks!

As in the past, the closing program was one of bittersweet emotion; joy at the inescapable feeling of rejuvenation but sadness that it was, in fact, over. Many were even heard asking if it was too early to register for the Winter Retreat. (Yes, Charlie, we'll let you know as soon as you can send your check.)

Lacing words of wisdom with his dry sense of humor, Dr. Luke S., the keynote speaker, provided a stimulating opening that was sustained by discussion leaders throughout the weekend. For some, the sharing atmosphere was all that was needed to overcome "first-time fears" of speaking before a group.

Whether in the more traditional small-group meetings or in the quieter interludes in between, no one was at a loss for words, no one felt left out. Initial uncertainties vanished quickly as the first "My name is..." introductions were heard.

Ironically, while the expressions of gratitude, of involvement and satisfying self-improvement, were unanimous, no one seemed able to adequately describe the experience.

"If anybody asks me, I don't have any way to really explain how great this has been," someone remarked. "I don't know how. I really don't. Maybe this is what is meant by a 'spiritual awakening.'"

Another saw it as an opportunity to "forget old facades and let honesty take control."

One thing **did** appear certain: There are plenty of endorsements available for future McBride Retreats. And the next one will be the annual Winter Retreat January 7. Watch for details.

The Year At A Glance

- Sunday Brunch* August 6
- Board Meeting August 13
- Sunday Brunch* September 3
- Annual Meeting, Renewal
- And Picnic September 10
- McBride 5th Anniversary
- Speaker Program Mid-November
- '90 Winter Retreat January 7, 1990
- Annual Game Night Mid-February, 1990

* Brunch First Sunday Every Month at 76 Club

We Was Robbed; Dewey Claims Shallow Victory

In deference to Clyde B., we'll let the record stand, but the Dewey softball conquest of McBride was something akin to the US invasion of Grenada.

As part of the Dewey Center's annual picnic June 17, a challenge was quietly extended to McBride; so quietly that only four stalwarts heard it and showed up to defend our colors.

"Bolstered" by surplus Dewey softballers, the courageous McBride team went down to a 12-0 defeat.

A rematch has been suggested, but don't tell Dewey when or where.

GOLF...

(Continued from Page 1)

prize for most putts. In the day's closest competition, Ken Z. beat John H. by about 30 seconds for the honor of losing the first ball. Both insisted they were robbed by larcenous chipmunks on the second hole.

Chef Tom D. served up a sumptuous victory banquet of hamburgers and brats to top off the day's activities under a sparkling spring sun.

The event was such a success that an unofficial repeat performance is planned in September (contact an Alumni Board member or drop a line to the Moving Finger editor if you're interested). And, of course, start practicing now for the big 1990 GMO; details will be announced well in advance.

Big Agenda For Alumni's Big Day

"McBride Day" is more than a picnic.

Lest we forget our common bond, the annual get-together for reunion and fellowship also has a more reflective side -- the Renewal Program.

This gathering in the McBride Auditorium, set for 10:30 a.m., gives us all an opportunity to reaffirm both spirituality and gratitude. It is a time to take stock of recovery and the inherent promise of a better life.

Elizabeth Mason is chairperson for this year's event and is putting together a program that is certain to inspire a renewed commitment to the McBride experience.

And Dr. Herrington will again join us for this now traditional observance.

Reservations are not required but, since complimentary coffee and rolls will be served, please help planners by sending in the registration blank on the following page.

Families Invited To Open House

Since the Renewal Program is for Alumni only, special arrangements have been made for spouses, children and others.

Refreshments will be served and a host and

hostess will be on hand at Recovery House II beginning at 9:30 a.m.

Activities at McBride should be concluded by noon and everyone can then head for Jacobus Park and the picnic.

Annual Meeting Is Open Forum

Though volunteer activities and social functions are the most visible aspects of The Alumni Association, there is a more formal side that is often overlooked.

As required by the bylaws, the entire organization is called into session for an annual business meeting. It will be the day's first event, set for 10 a.m., just before the Renewal Program.

In addition to routine housekeeping duties, there is the important matter of filling vacancies on the Board of Directors.

To assure continuity, these alumni representatives serve two year terms, staggered so that half are elected each year. A nominating committee, composed of all non-officer members of the Board, is preparing a slate for submission at the annual meeting, and is currently accepting recommendations. **PICNIC...**

(Continued from Page 1)

This has all the makings for a great, fun day and is a terrific opportunity to renew or cement those ties made during treatment and early recovery.

To be really successful, however, a picnic needs lots of group effort. Tom Dutton and John Wilson, co-chairmen of this year's

Giese Named To Board Post

Kris Giese has been appointed to the McBride Board of Directors.

Filling a vacancy created when Elizabeth Mason stepped down due to other commitments, Kris will serve the remainder of the term expiring in the summer of 1990.

Other "holdover" Board members include Tom Dutton, Len Worman and Jean Vila. Terms expiring with the annual meeting September 10 include those of Joe Piscione, Janet Cobbett, Bill Anderson, John Hanson and Richard Barta. Directors may stand for reelection. (As past president, Ken Zimmerman continues to serve an indefinite term.)

The Board will elect officers for the coming year at its regular meeting at 8 p.m. September 10.

event, are looking for all the help they can get, so if you'd like to join in the planning and setup, or have any suggestions, contact either Tom or John or any Alumni Board member.

And remember -- the deadline for reservations is **Saturday, September 2**. Mail your check to Tom Dutton, 3365 Town Trail, Brookfield, WI 53005. Come alone or join a group, but **BE THERE!** It's a once-a-year opportunity, so don't miss it.

The Moving Finger is published quarterly by and for the McBride Alumni Association. Please send address and telephone corrections to:

The McBride Foundation
17935 Country Lane
Brookfield, WI 53005

Ken Zimmerman
Editor