

## Admission checklist

Welcome! To help make your admission go smoothly and your stay as comfortable as possible, we ask that you read through this checklist. By following this list, you will arrive with all the necessary documents and personal items. If you have any questions after reading the list, please contact our admissions department at 800-767-4411, ext. 5959 and ask to speak with the program's admissions coordinator.

### What to bring with you

#### Required items:

- Latest medical information as directed.
- Current psychiatric evaluation or psychological testing, if available.
- Discharge summary from your last hospitalization, as applicable.
- Previous psychiatric medications, doses and reaction
- Custody paperwork, if applicable
- Name, address and telephone number of your current school, along with the names of your teachers; your current textbooks plus anything else related to meeting your current education needs.
- Insurance card, prescription card, and current prescribed medications **in their original, container**. Over-the-counter medications **must be sealed**. (Please do not transfer medications into a daily pill dispenser.)

#### Recommended items:

- Comfortable clothing and outerwear appropriate for the season (layering is recommended). *Provocative clothing and/or jewelry which refer to alcohol/ drugs, or promote violent themes/behaviors are not allowed.*
- One-piece swimsuit, towel, and water shoes for swimming (indoor and outdoor) and boating.
- Tennis shoes, boots (no slip-on cowboy boots) and proper footwear for outdoor and indoor activities.
- Robe, slippers, and sleepwear. (We provide linens – towels, washcloths, sheets, comforter and pillow).
- Personal hygiene items (toothpaste, toothbrush, shampoo, comb, deodorant, cosmetics, hygiene caddy etc.).
- Spending money (plan on \$30-40 per month for group outings). *Residents have a secure location to store cash.*

#### Optional items: *Space is limited for each resident*

- Stationery, stamps, and envelopes.
- Reading materials.
- Pictures of family and friends for your room (no frames).
- MP3 player (must have no audio or video recording capabilities)
- Musical instruments, if applicable (no amps or keyboards).

#### Items not allowed: *Staff will have a family member take these items back home if they are found.*

- ✗ Candles or incense
- ✗ Perfumes, colognes, essential oils and diffusers, or items with a noticeable aroma.
- ✗ Perfumes, colognes, mouthwashes, hair products with alcohol listed as present in the first 3 ingredients.
- ✗ Straight razors (*a wet/dry battery-operated electric razor may be brought in if desired; will require physician approval*).
- ✗ **No cell phones or electronics are permitted** (*aside from an MP3 player meeting the criteria noted above*)
- ✗ Any items restricted by law.

***Please review other side for important information.***

## **Smoke-free campus**

Please be aware that Rogers Behavioral Health's Oconomowoc campus is smoke-free. Family members and visitors are unable to smoke anywhere on campus.

## **Length of stay**

The length of stay in this program is individually determined based on treatment goals and progress. An average stay can range between 45 to 60 days. This is only an approximation, as there are many variables taken into consideration by your attending physician and the treatment team, such as your past history, your current status and stage of illness, risk factors, response to treatment, etc.

## **Pharmacy and medication information**

Your family is responsible for checking with your insurance provider regarding prescription drug coverage during your stay. Bring your medications in their original containers.

After admission, the program's staff will review your medications and order medications through an outside pharmacy contracted to provide services for Rogers Behavioral Health and numerous health care organizations in the area. Unit dose packaging is a state regulation requirement to ensure the safe handling and storage of medications in our residential treatment centers.

## **Nursing information**

We do have nurses working in the program; however, nursing services are reduced on some shifts due to our state designation as a residential treatment program (as opposed to hospitalization program standards). *Please address any major medical issues prior to your admission.*

## **Billing information**

In addition to the residential treatment charges from Rogers Behavioral Health, you will receive separate invoices for psychiatry services provided by the psychiatrists. You will receive a statement of these charges, regularly, while you are in treatment. If you have any concerns about this, please contact patient financial services at 262-303-2180 or CS-PFS@rogersbh.org

Please note that medical services are separate from the behavioral health treatment services provided by Rogers Behavioral Health. You will also be responsible for any medical services provided during your stay. You will receive separate invoices from these independent practitioners. These invoices are your responsibility, and you should make payment arrangements directly with them.