



FOCUS Adult Mood Disorders Program

Admission Checklist

Welcome

To help make your admission go smoothly and your stay as comfortable as possible, we ask that you read through this checklist. By following this list, you will arrive at our treatment center with all the necessary documents and personal items. If you have any questions after reading the list, please contact our admissions department at 800-767-4411, ext. 5959 and ask to speak with the FOCUS Adult Mood Disorders Program admissions representative.

What to bring with you

- Latest medical information as directed.
- Current psychiatric evaluation, if available.
- Discharge summary from your last treatment facility, as applicable.
- Names, addresses and telephone numbers of current outpatient providers, such as your primary care physician, psychiatrist, and therapist.
- Insurance card and prescription card, plus your current supply of prescribed medications you are taking. These medications must be in their original container – do not transfer your medications into daily medication dispensers.
- Any over-the-counter medications, supplements or vitamins that you take on a routine basis. These items must be in their original containers.
- Cash or credit card for spending on personal care items or outings.

Recommended Items:

- Comfortable clothing appropriate for the season.
- Proper footwear (i.e., socks, tennis shoes, boots) for indoor and outdoor activities.
- Robe, slippers, sleepwear.
- Swimsuit for use at the local YMCA.
- We provide linens (towels, washcloths, sheets, comforter and pillow); however, you may bring your own if it makes you more comfortable.
- Personal hygiene items (toothpaste, toothbrush, shampoo, comb, deodorant, cosmetics, etc.); shower shoes/sandals.
- Calling card for necessary phone calls. Cell phones *without cameras* are permitted.

Optional Items:

- Stationery, stamps and envelopes.
- Pens, pencils and notepads.
- Books and other reading materials.
- Hair dryer, curling iron.
- Pictures of family and friends for your room.
- Personal items that will make your stay more comfortable are welcome (for example, an alarm clock, a small radio or CD player); iPods and MP3 players *without cameras* are permitted. Please contact the FOCUS program manager with any questions.

Items Not Allowed: *Staff will have a family member take these items back home if they are found.*

- ✗ Any items restricted by law
- ✗ Candles or incense; matches or lighters (lighters are permitted if you smoke; however, they will need to be kept secured in a staff monitored location, and checked in and out during designated smoking times)
- ✗ TVs or personal DVD players
- ✗ Cameras or other personal electronics with built-in cameras or recording capabilities

Please review other side for important information

If you smoke

We recognize that some people who come to the FOCUS Adult Mood Disorders Program are smokers or use other tobacco products. While no tobacco products (cigarettes, cigars, pipes, snuffs, chewing tobacco, etc.) or ignition materials (lighters, matches, etc.) may be used inside the buildings, there is a designated smoking area for residents located outside the building. We also recognize that many people with tobacco/nicotine addiction want to quit, and our physicians are eager to assist you if you decide to address your nicotine addiction while in treatment here.

Family members and/or friends accompanying you should know that, even though allowances are made for residents in treatment to smoke in a designated smoking area, Rogers Memorial Hospital is a smoke-free campus. Family members and visitors are unable to smoke anywhere on campus and are not allowed to use the designated smoking area.

Vehicles

You may have a vehicle on the hospital campus; however, it must be registered at the FOCUS program staff office and your license plate number recorded. Vehicles must be parked at a remote site in the main hospital parking lot and keys must be turned in upon admission.

Pharmacy and medication information

Rogers Memorial Hospital contracts with an outside pharmacy that provides services for numerous health care organizations in the area and provides the best possible services for you and your family.

Bring your medications in their original container or unit dose packaging (ask your local pharmacist for this service). Unit dose packaging is a state regulation requirement intended to ensure the safe handling and storage of medications in our facility.

Nursing information

We do have nurses working in the FOCUS Adult Mood Disorders Program; however, this is primarily for consultative services. Please address any major medical issues prior to your admission.

Length of stay

The length of stay at the FOCUS Adult Mood Disorders Program is open-ended and depends on several factors, including your past history, current symptoms, support systems, resources, risk factors as well as your response to and engagement in treatment. We estimate the average length of stay to be approximately 45 to 60 days. Please keep in mind that this is only an approximation, as you may need a shorter or longer length of stay.

Billing information

In addition to the residential treatment charges from Rogers Memorial Hospital, you will receive separate invoices for psychiatry services provided by the psychiatrists. You will receive a statement of these charges, regularly, while you are in treatment. If you have any concerns about this, please contact patient financial services at 262-303-2180 or CS-PFS@rogershospital.org

Please note that medical services are separate from the behavioral health treatment services provided by Rogers Memorial Hospital. You will also be responsible for any medical services provided during your stay. You will receive separate invoices from these independent practitioners. These invoices are your responsibility, and you should make payment arrangements directly with them.

Rogers Memorial Hospital is a private, non-profit hospital within the Rogers Behavioral Health System.

As we continually strive to improve our program components and treatment services, this information is subject to change and revision without prior notice. We have attempted to provide the most accurate and up-to-date information. (Rev 09/16)