



# Adolescent Recovery Program

## Admission Checklist

### Welcome

To help make your admission go smoothly and your stay as comfortable as possible, we ask that you read through this checklist. By following this list, you will arrive with all the necessary documents and personal items. If you have any questions after reading the list, please contact our West Allis admissions department at 800-767-4411, ext. 3781 (toll-free nationwide) or 414-328-3781 (metro Milwaukee area) and ask to speak with the program's intake specialist.

### What to bring with you

#### Required items:

- Latest medical information as directed.
- Current psychiatric evaluation or psychological testing, if available.
- Discharge summary from your last hospitalization, as applicable.
- Names, addresses and telephone numbers of current outpatient providers, such as your primary care physician, psychiatrist and therapist.
- Name, address and telephone number of your current school, along with the names of your teachers; your current textbooks plus anything else related to meeting your current education needs.
- Immunization records.
- Current medical history and physical (examination must be within the last six months of your admission date to be considered current).
- Current dental records (check-up must be within the last six months of your admission date to be considered current).
- Insurance card, prescription card and current prescribed medications in their original container. *Please do not transfer medications into a daily pill dispenser.*
- Signed interstate compact agreement from local state agency (if you are coming from outside the State of Wisconsin).

#### Recommended Items:

- Comfortable clothing and outerwear appropriate for the season (layering is recommended). *Provocative clothing and/or jewelry which refers to alcohol/drugs, or promote violent themes/behaviors is not allowed.*
- One-piece swimsuit, towel and water shoes for swimming (indoor and outdoor).
- Tennis shoes, boots and proper footwear for outdoor and indoor activities.
- Robe, slippers and sleepwear. (We provide linens – towels, washcloths, sheets, comforter and pillow – however, you may bring your own if it makes you more comfortable.)
- Personal hygiene items (toothpaste, toothbrush, shampoo, comb, deodorant, cosmetics, etc.). *Note that razors and other similar items will need to be reviewed and approved by your attending physician.*
- Alarm clock.
- Spending money (plan on \$40-50 per month for group outings and personal hygiene items). *Residents have a secure location to store cash.*

#### Optional Items:

- Stationery, stamps and envelopes.
- Books and other reading materials.
- Hair dryer, curling iron.
- Pictures of family and friends for your room.
- Some musical instruments (please review with our admissions staff).

***Please review the other side of this sheet for important information***

**Items Not Allowed:** *Staff will have a family member take these items back home if they are found.*

- ✘ Any items restricted by law.
- ✘ Candles or incense; matches or lighters.
- ✘ TVs or personal DVD players; laptops/notebooks.
- ✘ Perfumes, colognes or items with a noticeable aroma.
- ✘ Perfumes/colognes, mouthwashes, hair products with alcohol listed as present in the first 3 ingredients.
- ✘ Phones and any electronic devices with built-in cameras, text messaging, internet access or recording capabilities.

## **Smoke-free campus**

Please be aware that Rogers Memorial Hospital is a smoke-free campus. Family members and visitors are unable to smoke anywhere on campus.

## **Length of stay**

The length of stay in the program is open-ended and depends on several factors, including your past history, current symptoms, support systems, resources, risk factors as well as your response to and engagement in treatment. We estimate the average length of stay to be approximately 45 to 60 days. Please keep in mind that this is only an approximation, as you may need a shorter or longer length of stay

## **Pharmacy and medication information**

Your family is responsible for checking with your insurance provider regarding prescription drug coverage during your stay. After admission, the program's staff will review your medications and order medications through an outside pharmacy contracted to provide services for Rogers and numerous health care organizations in the area. Your medications used while in the program are ordered in unit/dose packaging (a "bubble-pack") which is required to ensure the safe handling and storage of medications in our residential treatment centers.

## **Nursing information**

We do have nurses working in the program; however, this is primarily for consultative services. Please address any major medical issues prior to your admission.

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## **Billing information**

In addition to the residential treatment charges from Rogers Memorial Hospital, you will receive separate invoices for psychiatry services provided by the psychiatrists. You will receive a statement of these charges, regularly, while you are in treatment. If you have any concerns about this, please contact patient financial services at 262-303-2180 or CS-PFS@rogershospital.org

Please note that medical services are separate from the behavioral health treatment services provided by Rogers Memorial Hospital. You will also be responsible for any medical services provided during your stay. You will receive separate invoices from these independent practitioners. These invoices are your responsibility, and you should make payment arrangements directly with them.

**Rogers Memorial Hospital is a private, non-profit hospital within the Rogers Behavioral Health System.**

As we continually strive to improve our program components and treatment services, this information is subject to change and revision without prior notice. We have attempted to provide the most accurate and up-to-date information. (11/16)